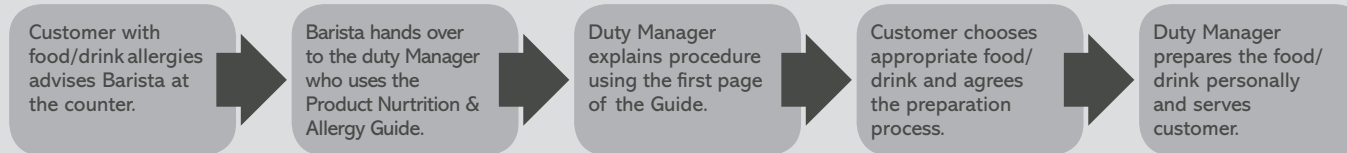


INTRODUCTION



Please note that we cannot guarantee the absence of any allergen. As we use shared equipment in a busy environment, some products may not be suitable for those with severe allergies. Our menu constantly changes; please advise our Team every time you visit as we may be using substituted ingredients.

Information for Customers

Costa always puts customers at the heart of everything we do and as the Nation's favourite coffee shop, we are committed to providing accurate information to help our customers make informed choices about the food and drink we offer.

Allergens

We know that allergic reactions can make some people very ill and indeed fatal in extreme cases. The information provided in this document to help our customers who are intolerant or allergic to food/drink make appropriate choices. We ask our Duty Managers to help our customers use this document however the final decision will always be that of you, the customer.

The following columns detail our usual in-store procedures where customers have advised us of their allergy or intolerance before ordering food/drink.

Pre-packed food and drink

Sandwiches, bottled drinks, crisps, snacks etc. Allergen information is provided on the packaging labels. Once opened (for warming etc.), inevitably the food/drink will be exposed to other allergens in stores.

Open food and drink

Drinks made in store, unwrapped cakes etc. Allergen information is provided in this document. Please ensure that you have spoken to the Duty Manager who will inform you of any substitutions and the preparation methods and precautions used in store.

Information for Team Members

If an allergy sufferer is provided with incorrect information about allergen or served the wrong food or drink, they could suffer a severe reaction, in extreme cases this can be fatal.

Follow these instructions:

1. When a customer asks about ingredients, allergens, how food/drink is prepared or an allergy sufferer or parent makes you aware of a food allergy/intolerance advise and involve the Duty Manager immediately.
2. The Duty Manager must handle the rest of the order, preparation and service process personally.
3. Ask the customer to explain the food and/or ingredients they cannot eat and whether it is a life-threatening allergy.
4. Refer to the Product Nutrition & Allergy Guide starting with these instructions and information contained on the first pages.
5. Help the customer to find the relevant information in the Guide to allow them to make an informed choice.
6. If the customer asks for further information try to obtain an accurate answer. If unsure, advise the customer that you are unsure.
7. Talk through with the customer the steps that you will take to prepare the food/drink explaining that shared equipment is used (such as steam arms, Merrychef etc.) Obtain the customer's confirmation that this is satisfactory. (Step 8 onwards).

8. Wash and dry your hands thoroughly.

9. Wash all the relevant equipment by using the dishwasher - wash these items on their own. Equipment may include tongs, chopping board, Merrychef liners, knives, stainless steel milk jugs, tray, crockery and cutlery for example.

10. Where necessary dry the items using blue roll.

11. Prepare the allergy sufferer's food/drink on its own; do not prepare other customers' food/drink at the same time.

12. Serve immediately without delay by personally handing the customer the specially prepared food/drink.

13. If this procedure has not been followed from the outset or the food/drink becomes contaminated during the process, discard, then start again afresh.

Tips

- The allergy sufferer will be the person best able to judge what food they can safely eat/drink. Our job is to ensure the information provided is accurate.
- If it is necessary to consult a manufacturer's label, show this to the customer.

CONTENTS KEY

'N' means that the component is not part of the product as it is delivered by the supplier.

'Yes' in a column entitled 'allergen(s) (e.g. wheat gluten) present' indicates that the product contains that allergen & is therefore not suitable for a guest with an allergy or intolerance to it.

'C' means that this component is present in the manufacturing site/factory/supply - chain & our suppliers believe there is a significant risk that this allergen could cross - contaminate the food.

'Yes'/'No' in the column entitled 'suitable for Vegetarians/Vegans' details information supplied by the product manufacturer. It does not take into account the in - house storage/preparation methods where cross - contamination issues could render the information void.

NOTES

Allergy data detailed in the table has been derived from technical specifications obtained from the suppliers of the products.

Please note that all food and drinks in store may experience allergen cross contamination. There is a high risk of this cross contamination in the panini press, drinks and any items on the open front counter.

Gluten is a protein component of wheat, rye, barley & oats. When guests/Coeliacs ask about gluten consult the relevant columns.

Dairy includes all products containing milk or milk derivatives e.g. cheese, butter, yoghurt.

The Treenuts/nuts column indicates the presence of the following; almonds, Brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives. The 'Tree Nut Source (If Present)' column indicates which tree nut is present in the product.

We have taken all reasonable steps to ensure that this table is accurate. Please note this data is accurate up until the point where the products enter the store. Once displayed/heated the allergen status of the products is likely to change. Your statutory rights are not affected.

Please note that all our drinks nutrition information has been calculated using published nutrition data and that dairy based drinks may be subject to some natural seasonal variation.

Nutrition is calculated for Signature Roast Blend (caffeinated) made to brand standard. Information for decaffeinated coffee will be the same.

CUSTOMISATION

The drinks in the document show the allergy and nutrition for the drink as served, made to the standard recipe, using semi-skimmed milk, unless otherwise stated.

If you wish to customise this drink by adding a different milk or milk alternative or adding syrups or changing a topping etc, please use the drinks extras page and also talk to your Costa Barista/Duty Manager about the drink recipe.



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens												Nutrition per 100g							Nutrition per portion											
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)

Cakes																																							
Carrot & Walnut cake	YES	NO	YES	N	N	N	C	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	Walnut	1626	388	17.3	3.4	52.9	30.6	4.3	0.5	148	2414	576	25.6	5.0	78.2	45.2	6.3	0.7
Triple Chocolate Muffin	YES	NO	YES	C	C	C	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1712	409	20.3	4.3	47.9	25.6	7.6	0.4	99	1695	405	20.1	4.3	47.4	25.3	7.6	0.3	
Raspberry And White Chocolate Muffin	YES	NO	YES	C	C	C	YES	YES	YES	YES	N	N	N	YES	N	N	N	N	N	C		1598	381	17.1	2.6	51.1	28.6	4.5	0.3	103	1646	393	17.6	2.6	52.6	29.4	4.7	0.3	
Salted Caramel Muffin	YES	NO	YES	C	C	C	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1690	403	17.7	2.8	55.6	29.4	4.5	0.5	106	1791	428	19.0	3.0	59.0	31.2	4.8	0.5	
Lemon Tart	YES	NO	YES	N	N	N	YES	YES	YES	YES	N	N	N	YES	C	N	C	N	N	C		2008	480	25.8	13.8	56.6	33.6	5.1	0.3	71	1426	341	18.3	9.8	40.2	23.9	3.6	0.2	
Christmas Bakewell Tart	YES	NO	YES	N	N	N	C	YES	YES	YES	N	N	N	YES	C	N	C	N	N	YES	Almond	1844	439	17.8	7.5	64.4	40.4	4.7	0.2	86	1586	378	15.3	6.5	55.4	34.7	4.0	0.2	
Chocolate Tiffin	YES	NO	YES	N	N	N	YES	N	YES	YES	N	N	N	N	N	N	N	N	N	C		2099	502	27.8	14.4	56.5	29.6	5.5	0.8	80	1679	402	22.0	12.0	45.0	24.0	4.4	0.7	
Raspberry And Almond Bake	YES	NO	YES	N	N	N	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	YES	Almond	2038	489	32.8	12.1	38.4	25.6	8.5	0.3	95	1936	465	31.2	11.5	36.5	24.3	8.1	0.3	
Blueberry Muffin	YES	NO	YES	N	C	YES	C	YES	C	YES	N	N	N	N	N	N	N	N	N	C		1607	384	19.8	2.0	45.7	22.8	4.8	0.5	113	1816	434	22.3	2.2	51.6	25.7	5.4	0.6	
Granola Square	YES	NO	C	N	N	YES	C	N	YES	YES	N	N	N	YES	N	N	N	N	N	YES	Almonds and Pecans	1836	439	21.0	7.3	51.6	30.3	8.1	0.3	75	1377	329	15.8	5.5	38.7	22.7	6.1	0.2	
Millionaire Shortbread	YES	NO	YES	N	C	C	YES	C	YES	YES	N	N	N	N	N	N	N	N	N	C		2147	515	31.1	17.5	52.8	30.5	5.2	0.5	77	1653	396	24.0	13.0	41.0	23.0	4.0	0.4	
Caramel Crisp	YES	NO	YES	C	YES	C	YES	C	YES	YES	N	N	N	N	N	N	N	N	N	C		2284	546	34.5	20.5	53.0	39.3	5.5	0.6	75	1713	410	25.5	15.0	39.8	29.3	4.1	0.4	
Fruit Scone	YES	NO	YES	N	N	N	C	YES	YES	YES	N	N	N	N	N	N	N	N	N	N		1356	322	9.8	6.0	50.5	20.7	7.0	1.2	90	1220	290	8.8	5.4	45.0	19.0	6.3	1.1	
Portugese Custard Tart (Pastel de Nata)	YES	NO	YES	N	N	N	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1122	268	11.4	5.8	35.8	21.0	4.5	0.4	63	707	169	7.2	3.7	22.6	13.2	2.9	0.2	
Banana and pecan loaf	YES	NO	YES	C	C	C	C	YES	YES	YES	N	N	N	N	C	N	N	N	N	YES	Pecan	1672	400	22.6	4.7	43.4	24.1	5.0	0.4	90	1505	360	20.0	4.2	39.0	22.0	4.5	0.3	
Cinnamon Brioche Bun	YES	NO	YES	N	C	C	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1411	334	8.3	3.9	56.9	25.9	7.0	0.6	104	1467	348	8.6	4.0	59.2	27.0	7.3	0.6	
Triple Chocolate Cookie	YES	NO	YES	N	N	C	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		2081	498	27.4	14.1	55.5	34.1	6.2	0.4	66	1374	329	18.1	9.3	36.6	22.5	4.1	0.3	
Chocolate Chunk Cookie	YES	NO	YES	N	C	C	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1939	463	21.6	11.6	60.2	35.7	5.9	0.4	66	1280	306	14.3	7.7	39.7	23.6	3.9	0.3	
Jumble Berry Loaf Cake	YES	NO	YES	YES	YES	YES	C	YES	YES	YES	N	N	N	N	C	N	N	N	N	YES	Almond, pecan	1549	371	19.8	3.2	39.6	25.7	6.8	0.7	86	1332	319	17.0	2.8	34.1	22.1	5.8	0.6	
Chocolate Brownie	YES	NO	YES	C	C	C	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1944	466	27.3	13.8	50.3	38.3	6.1	0.1	80	1555	373	21.8	11.0	40.2	30.6	4.9	0.1	
Sticky Toffee & Pecan Cookie	YES	YES	YES	N	C	C	YES	C	C	YES	N	N	N	N	N	N	N	N	N	YES	Pecans	1729	412	15.6	6.1	62.0	32.5	4.6	0.4	81	1400	334	12.6	4.9	50.2	26.3	3.7	0.4	
Lemon Muffin	YES	NO	YES	N	N	YES	C	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1609	384	16.5	2.5	52.6	26.8	5.5	0.4	104	1673	399	17.0	2.6	55.0	28.0	5.7	0.4	

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)

Seriously Chocolate Cake	YES	NO	YES	N	N	N	YES	YES	YES	N	N	N	YES	N	N	N	N	N	N	C		1795	430	25.4	10.3	43.8	26.7	5.6	0.5	146	2621	628	37.1	15.0	63.9	39.0	8.2	0.7
Gingerbread Muffin	YES	NO	YES	C	C	C	C	YES	YES	N	N	N	N	N	N	N	N	N	N	C		1668	398	16.8	1.9	55.7	32.3	4.7	0.4	103	1718	410	17.3	2.0	57.4	33.3	4.8	0.4
Clementine Drizzle Loaf Cake	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	Pistachio	1622	386	15.6	2.0	57.0	35.2	4.1	0.6	87	1411	336	13.6	1.7	49.6	30.6	3.6	0.5
Mince Pies	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	YES	C	N	N	N	N	N	C		1616	384	12.9	7.7	61.9	37.0	4.1	0.2	86	1390	330	11.1	6.6	53.2	31.8	3.5	0.2
Paul The Penguin Chocolate Cake	YES	NO	YES	N	N	N	YES	YES	YES	N	N	N	YES	N	N	N	N	N	N	C		1839	439	22.3	5.3	54.8	39.1	4.4	0.5	113	2078	496	25.2	6.0	61.9	44.2	5.0	0.6
Gingerbread & Sticky Toffee Wreath Cake	YES	NO	YES	C	C	C	YES	YES	YES	N	N	N	C	N	N	N	N	N	N	C		1385	329	9.2	3.2	56.0	36.0	4.5	0.6	93	1288	306	8.6	3.0	52.0	33.0	4.2	0.6
Double Chocolate Yule Log	YES	NO	YES	N	YES	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	C		1838	439	19.7	11.0	59.8	38.6	4.2	0.4	98	1801	430	19.3	10.8	58.6	37.8	4.1	0.4
Chocolate Candy Cane cookie	YES	YES	YES	N	C	C	YES	C	C	N	N	N	N	N	N	N	N	N	N	C		1822	434	16.5	7.8	65.1	46.1	4.7	0.6	75	1366	325	12.0	5.8	49.0	35.0	3.5	0.5

Impulse

Fruity Flapjack	YES	NO	N	N	N	YES	N	N	YES	N	N	N	YES	N	N	N	N	N	N	C		1772	423	17.4	9.5	59.5	37.8	5.0	0.2	70	1241	296	12.2	6.7	41.6	26.5	3.5	0.1
Nutty Flapjack	YES	NO	N	N	N	YES	N	N	YES	N	N	N	N	N	N	N	N	N	N	YES	Almond, Hazelnut, Pecan	1972	472	25.8	9.6	50.0	31.5	7.7	0.2	70	1380	330	18.1	6.7	35.0	22.0	5.4	0.1
Chocolate Brownie (Gluten Free)	YES	NO	N	N	N	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	Almond	2176	523	35.4	19.0	42.3	40.4	7.5	0.5	70	1523	366	24.8	13.3	29.6	28.3	5.3	0.3
Ginger Biscuits	YES	NO	YES	N	N	YES	N	N	YES	N	N	N	N	N	N	N	N	N	N	C		2047	488	20.5	6.6	68.0	27.9	5.4	0.5	48	983	234	9.8	3.2	33.0	13.0	2.6	0.2
Fruit & Oat Biscuits	YES	NO	YES	N	N	YES	N	N	YES	N	N	N	N	N	N	N	N	N	N	C		1989	475	19.9	6.8	65.5	27.2	5.5	0.8	48	955	228	9.6	3.3	31.0	13.0	2.6	0.4
Mini Muffins	YES	NO	YES	C	C	C	YES	YES	YES	N	N	N	YES	N	N	N	N	N	N	C		1677	401	19.6	3.0	49.3	27.8	5.8	0.4	19	319	76	3.7	0.6	9.4	5.3	1.1	0.1
Mini Bakewell Tarts (Gluten Free)	YES	NO	N	N	N	N	N	YES	N	N	N	N	YES	N	N	N	N	N	N	YES	Almonds	2042	488	24.2	7.9	63.8	39.9	2.5	0.2	26	571	136	6.8	2.2	17.8	11.1	0.7	0.1
Walking Gingerbread	YES	NO	YES	N	N	N	YES	YES	C	N	N	N	N	C	N	N	N	N	N	C		1734	410	8.2	3.0	77.5	43.5	6.7	0.24	43	746	176	3.5	1.3	33.3	18.7	2.9	0.1
Millionaire Mallow Bites	YES	NO	YES	N	C	C	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	C		2077	497	28.0	15.3	55.4	37.2	5.5	0.3	17	353	84	4.8	2.6	9.4	6.3	0.9	0.1
Chocolate Cornflake Clusters	YES	NO	C	N	YES	C	YES	C	YES	N	N	N	N	N	N	N	N	N	N	C		2121	507	26.6	14.8	60.5	34.9	5.4	0.3	11	233	56	2.9	1.6	6.7	3.8	0.6	0.0
Fruited Panettone	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	N	N	C		1583	377	13.0	7.6	56.0	26.0	7.7	0.5	100	1583	377	13.0	7.6	56.0	26.0	7.7	0.5
Chocolate Chip Panettone	YES	NO	YES	N	YES	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	C		1705	407	19.4	11.7	49.1	20.9	8.0	0.4	100	1705	407	19.4	11.7	49.1	20.9	8.0	0.4
Italian Biscotti	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	C	N	N	N	N	N	YES	Almonds	1920	457	14.7	3.1	67.8	29.9	11.4	0.3	34	653	155	5.0	1.1	23.7	10.2	3.9	0.1
All Butter Scottish Shortbread Bites	YES	NO	YES	N	C	C	C	C	YES	N	N	N	N	N	N	N	N	N	N	C		2204	527	29.8	18.2	60.9	18.8	3.4	0.3	9	198	47	2.7	1.6	5.5	1.7	0.3	0.0
Gluten Free Vegan Mince Tart	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	YES	Almonds	1665	395	12.1	4.4	68.3	40.2	2.5	0.2	80	1332	316	9.7	3.5	54.0	32.0	2.0	0.2
Gluten Free Vegan Iced Fruit Slice	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	YES	Almonds	1623	386	11.6	1.4	64.7	51.7	3.8	0.1	83	1347	320	9.6	1.2	54.0	43.0	3.2	0.1

Product Description	Dietary Choices		Allergens														Nutrition per 100g							Nutrition per portion													
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															

Natural Mixed Nuts	YES	YES	N	N	N	N	N	N	N	N	N	N	N	C	N	N	C	N	YES	Almond, hazelnut, walnut, cashew	2575	623	53.9	5.5	8.9	3.6	21.1	0.0	30	772	187	16.0	1.6	2.7	1.1	6.3	0.0
Milk Chocolate Raisins	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	C	N	N	C	N	C		1923	459	20.9	12.5	60.8	58.3	5.4	0.1	35	673	161	7.3	4.4	21.0	20.0	1.9	0.0
Baked Salted Pretzel Bites	YES	NO	YES	N	YES	N	N	N	YES	N	N	N	N	C	N	N	C	N	C		1640	388	4.7	0.5	73.1	4.0	11.8	2.2	25	410	97	1.2	0.1	18.0	1.0	3.0	0.6
Naturally Sweet Dried Mango	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	C	N	N	C	N	C		1352	319	1.2	0.4	69.9	47.2	2.8	0.1	30	406	96	0.4	0.1	21.0	14.0	0.8	0.0
Father Christmas Gingerbread	YES	NO	YES	N	N	N	YES	YES	C	N	N	N	N	C	N	N	N	N	C		1785	423	9.0	3.1	77.9	37.5	6.5	0.4	56	999	237	5.0	1.7	44.0	21.0	3.6	0.2
Jammy Rudolph Shortcake	YES	NO	YES	N	N	N	C	YES	C	N	N	N	N	C	N	N	N	N	C		2047	488	21.2	7.5	66.6	28.0	6.7	0.5	72	1474	352	15.0	5.4	48.0	20.0	4.8	0.3
Stollen Bar	YES	NO	YES	N	N	N	YES	YES	YES	N	N	N	YES	N	N	N	N	N	C		1725	412	18.5	10.1	54.9	31.8	4.9	0.2	74	1277	305	14.0	7.5	41.0	24.0	3.6	0.1
Costa Milk Chocolate bar	YES	NO	C	C	C	C	N	N	YES	N	N	N	N	N	N	N	C	N	C		2446	588	40.4	25.4	49.3	48.4	5.7	0.2	30	734	176	12.1	7.6	14.8	14.5	1.7	0.1
Costa Dark chocolate bar	YES	NO	C	C	C	C	N	N	YES	N	N	N	N	N	N	N	C	N	C		2461	594	46.3	29.2	32.2	27.0	6.7	0.1	30	738	178	13.9	8.8	9.7	8.1	2.0	0.0

Cold Sandwiches and Salads

Free Range Egg	YES	NO	YES	N	YES	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N		870	207	8.2	1.9	21.8	2.8	10.2	0.6	165	1435	342	13.5	3.1	36.0	4.6	16.8	0.9
Roast Chicken Salad (Gluten Free)	NO	NO	N	N	N	N	N	YES	YES	YES	N	N	N	N	N	YES	N	N	N		404	97	6.4	1.3	3.0	2.0	6.5	0.3	190	816	196	13.0	2.5	6.1	4.0	13.0	0.7
Chicken & Bacon Caesar Wrap	NO	NO	YES	N	N	N	N	YES	YES	N	N	N	N	N	N	YES	N	N	N		1173	280	13.2	3.3	26.5	2.1	13.2	0.9	190	2228	532	25.0	6.2	50.0	4.0	25.0	1.7
Kids Cheese Mayonnaise Sandwich	YES	NO	YES	N	N	N	N	YES	YES	N	N	N	N	N	N	N	N	N	N		1358	325	18.2	5.9	28.8	2.4	10.4	1.0	62	849	203	11.0	3.7	18.0	1.5	6.5	0.6
Mozzarella & Sun dried tomato Pasta Salad	YES	NO	YES	N	C	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		785	187	7.0	1.6	24.1	2.7	6.2	0.6	260	2222	529	20.0	4.6	68.0	7.6	18.0	1.7
Mozzarella & Chargrilled Vegetable Arrabiata Pasta	YES	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	YES	N	N	N		653	156	5.3	1.5	21.2	4.5	4.7	0.3	270	1947	463	16.0	4.4	63.0	13.0	14.0	1.0
Classic Prawn Cocktail	NO	NO	YES	N	YES	N	N	YES	N	N	YES	N	N	N	N	YES	N	N	N		730	173	3.5	1.4	25.3	2.9	8.6	1.0	170	1241	294	6.0	2.3	43.0	4.9	15.0	1.7
Veggie Christmas Lunch Wrap	YES	NO	YES	N	N	N	N	YES	YES	N	N	N	N	N	N	N	N	N	N		1080	258	11.3	4.7	31.8	7.9	6.1	0.6	168	1814	433	19.0	7.9	53.0	13.0	10.0	1.0
Turkey Feast	NO	NO	YES	N	YES	N	N	YES	N	N	N	N	N	N	N	N	N	N	N		975	233	10.3	2.3	21.1	5.9	12.8	0.8	183	1784	426	19.0	4.1	39.0	11.0	23.0	1.5
Ham Hock & Piccalilli	NO	NO	YES	C	C	C	YES	YES	N	N	N	N	N	N	N	YES	N	N	N		821	195	4.8	0.7	26.7	4.6	10.4	1.1	162	1330	316	7.8	1.2	43.0	7.5	17.0	1.7

Soups, Paninis, Toasties, Hot Wraps and Toasted Products

British Ham & Cheese Panini	NO	NO	YES	N	C	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1034	246	7.5	3.5	28.0	2.9	15.6	1.2	175	1810	430	13.0	6.0	49.0	5.1	27.0	2.1
Italian Mozzarella, Tomato & Basil Panini	YES	NO	YES	N	C	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1094	261	10.6	4.5	27.7	3.3	12.6	1.0	195	2134	509	21.0	8.8	54.0	6.4	25.0	1.9
Tuna Melt Panini	NO	NO	YES	N	C	N	C	YES	YES	YES	N	N	C	N	N	YES	N	N	N		1040	247	8.0	3.1	27.2	3.2	15.4	0.9	190	1976	470	15.0	5.9	52.0	6.1	29.0	1.7

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens													Nutrition per 100g							Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)

British Ham & Cheese Toastie	NO	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		939	223	5.8	3.2	30.6	4.3	10.9	1.2	138	1295	307	8.0	4.4	42.2	5.9	15.0	1.7
Cheddar And Slow Roasted Tomato Toastie	YES	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1091	262	11.4	6.3	25.7	2.5	13.3	1.0	170	1867	445	19.0	11.0	44.0	4.3	23.0	1.7
Emmenthal And Mushroom Toastie	YES	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1046	249	10.9	6.4	25.8	1.7	13.0	0.9	175	1830	436	18.0	11.0	45.0	3.0	23.0	1.5
British Chicken And Bacon Toastie	NO	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1021	243	8.8	5.2	26.5	2.5	13.9	1.2	172	1757	418	15.1	8.9	45.6	4.3	23.9	2.1
Wiltshire Ham & Mature Cheddar Toastie	NO	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	YES	N	N	N		1030	245	8.7	5.3	26.0	2.1	15.2	1.0	167	1721	409	14.5	8.8	43.4	3.5	25.4	1.6
Roast Chicken Fajita Wrap	NO	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		985	235	8.8	3.7	28.3	3.7	9.6	0.7	187	1842	439	16.0	7.0	53.0	6.9	18.0	1.3
Tomato & Basil Soup	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N		177	42	2.2	0.0	4.2	3.7	1.2	0.3	300	512	123	6.4	1.0	12.0	11.0	3.5	1.0
Scrambled Egg & Mushroom Muffin	YES	NO	YES	C	C	C	C	YES	YES	N	N	N	N	N	N	N	N	N	N		824	196	6.1	1.8	25.4	1.0	8.6	0.7	152	1252	298	9.3	2.7	39.0	1.5	13.0	1.0
Sausage Roll	NO	NO	YES	N	N	N	N	YES	YES	N	N	N	N	N	N	N	N	N	N		1662	400	29.2	13.9	23.6	1.4	9.8	0.9	100	1662	400	29.2	13.9	23.6	1.4	9.8	0.9
Goats' Cheese & Grilled Pepper Focaccia	YES	NO	YES	N	C	C	N	C	YES	N	N	N	N	N	N	N	N	N	N		991	236	10.6	3.2	25.8	2.7	8.2	0.8	207	2051	489	22.0	6.7	53.4	5.6	17.0	1.6
Chilli Con Carne Rice Pot	NO	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		585	139	5.7	1.9	15.6	2.9	5.2	0.3	340	1990	473	19.4	6.4	53.0	9.9	17.7	1.1
Red Thai Curry Pot	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		420	100	3.8	2.1	13.9	2.3	1.9	0.5	275	1155	275	10.5	5.8	38.2	6.3	5.2	1.4
Spiced Parsnip Soup	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	YES	N	N	N	N		164	39	1.6	0.8	4.8	0.9	0.5	0.6	300	493	118	4.8	2.4	14.1	2.6	1.6	2.0
Pigs & Blankets Mac & Cheese	NO	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	YES	N	N	N		909	218	13.4	6.2	14.2	2.0	9.6	1.0	260	2637	632	39.0	18.0	41.0	5.8	28.0	2.9
Turkey & Emmenthal Shimmer Brioche	NO	NO	YES	N	N	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	N		1178	281	12.5	4.7	27.0	5.7	14.3	0.9	161	1897	453	20.0	7.6	43.0	9.2	23.0	1.5
Ultimate Christmas Toastie	NO	NO	YES	N	N	YES	N	N	YES	N	N	N	N	N	N	N	N	N	N		1050	250	8.1	4.5	29.7	4.7	13.8	1.1	190	1994	474	15.0	8.5	56.0	8.9	26.0	2.1
Beef & Caramelised Onion Toasted Baguette	NO	NO	YES	C	C	N	N	YES	YES	N	N	N	N	N	N	YES	N	N	N		893	212	4.5	2.1	30.7	3.7	11.0	1.0	188	1678	398	8.5	4.0	58.0	7.0	21.0	1.9
Creamy Brie Bacon & Cranberry Panini	NO	NO	YES	N	C	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1213	289	11.3	5.6	32.8	4.5	13.0	1.2	175	2123	506	20.0	9.7	57.0	7.8	23.0	2.1
Pigs Tucked Under Blankets Panini	NO	NO	YES	N	C	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1022	243	8.1	3.0	30.1	4.3	11.4	1.0	213	2177	518	17.0	6.4	64.0	9.1	24.0	2.1
Christmas Cheeseboard Panini	YES	NO	YES	N	C	YES	N	YES	YES	N	N	N	C	N	N	YES	N	N	N		1114	265	10.5	5.6	29.8	4.6	12.1	1.0	202	2249	536	21.0	11.0	60.0	9.3	24.0	2.0

Breakfast

Fruit Pot	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		119	28	0.1	0.0	7.1	6.6	0.8	0.0	160	190	45	0.2	0.1	11.4	10.6	1.2	0.0
Wholegrain Porridge - Gluten Free	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		340	81	2.7	1.5	10.6	3.0	3.1	0.1	285	969	231	7.7	4.2	30.2	8.6	8.8	0.2
Instant Oat Porridge Pot	YES	NO	C	C	C	YES	N	N	YES	N	N	N	N	N	N	N	N	N	C		1551	367	4.9	0.8	61.7	20.9	16.4	0.3	80	1240	294	3.9	0.6	49.4	16.7	13.1	0.2
Sausage Bap	NO	NO	YES	N	C	N	N	YES	YES	N	N	N	YES	N	N	N	N	N	N		1314	315	18.5	6.7	25.1	2.0	11.0	1.2	155	2037	488	28.7	10.5	38.9	3.1	17.1	1.8

Product Description	Dietary Choices		Allergens																Nutrition per 100g							Nutrition per portion											
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															

Fruit Teacake (without butter)	YES	NO	YES	N	N	N	C	C	YES	N	N	N	N	C	N	C	N	N	C		1258	297	5.2	1.8	53.6	23.8	7.8	0.5	105	1320	311	5.4	1.9	56.2	24.9	8.1	0.5
Bacon Roll	NO	NO	YES	N	C	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		1356	324	14.5	5.2	32.0	1.8	15.1	1.5	120	1627	389	17.4	6.3	38.4	2.2	18.1	1.8
British Ham & Emmenthal Croissant	NO	NO	YES	N	N	N	N	YES	YES	N	N	N	N	N	N	N	N	N	N		1424	341	19.4	12.3	27.2	7.2	13.2	1.1	105	1495	358	20.4	12.9	28.6	7.6	13.9	1.1
White Toast (Without Butter)	YES	NO	YES	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N		1179	279	3.0	0.3	52.2	1.0	9.6	1.0	90	1061	251	2.7	0.3	47.0	0.9	8.6	0.9
Fruit Toast	YES	NO	YES	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N		1229	294	3.1	0.9	60.4	21.9	7.8	0.8	98	1204	288	3.0	0.8	59.2	21.5	7.7	0.8
Brown Seeded Toast	YES	NO	YES	YES	N	YES	N	N	C	N	N	N	N	N	N	N	N	N	N		1246	294	5.8	1.3	51.4	1.5	11.0	1.0	119	1483	350	6.9	1.6	61.2	1.7	13.1	1.2
Organic 0% Fat Greek Style Yoghurt	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		228	54	0.2	0.1	5.4	5.4	7.6	0.2	125	286	67	0.0	0.0	6.8	6.8	9.5	0.2
Maple Granola & Coconut Sprinkle	YES	YES	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	N		2364	568	38.2	7.8	39.3	21.5	15.4	0.6	15	355	85	5.7	1.2	5.9	3.2	2.3	0.1
Raspberry Coconut and Seed Sprinkle	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		2404	578	41.9	7.2	30.6	22.0	18.2	0.0	15	361	87	6.3	1.1	4.6	3.3	2.7	0.0
Mixed Berry Compote	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		535	126	0.1	0.0	28.9	27.3	0.7	0.0	30	161	38	0.0	0.0	8.7	8.2	0.2	0.0
Cheese Scone	YES	NO	YES	YES	C	C	C	YES	YES	N	N	N	N	C	N	N	N	N	C		1487	355	18.1	11.3	31.1	1.9	16.4	1.6	110	1635	391	20.0	12.0	34.0	2.1	18.0	1.8
Cheese Twist	YES	NO	YES	C	C	C	C	YES	YES	N	N	N	N	C	N	N	N	N	C		1999	481	34.0	22.2	29.7	1.6	13.1	1.2	68	1360	327	23.0	15.0	20.0	1.1	8.9	0.8
Kids Fruit Snack Box	NO	NO	YES	N	YES	N	C	C	YES	N	N	N	N	N	N	N	N	N	N		717	171	8.5	4.3	18.2	11.0	4.9	0.6	151	1083	258	12.8	6.5	27.5	16.6	7.4	0.9
Ultimate Breakfast Wrap	NO	NO	YES	N	N	N	N	YES	YES	N	N	N	N	N	N	YES	N	N	N		996	237	9.6	3.4	28.0	3.5	8.8	0.8	209	2082	495	20.1	7.2	58.5	7.3	18.4	1.6
Veggie Egg Pot	YES	NO	C	N	N	N	N	YES	YES	N	N	N	N	N	N	N	N	N	N		425	101	3.0	1.1	10.1	3.0	6.6	0.9	210	891	212	6.4	2.4	21.2	6.3	13.8	1.8

Pastries

Croissant (60725)	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	N	C		1723	412	22.3	14.5	43.4	5.7	8.5	0.9	63	1085	260	14.0	9.2	27.0	3.6	5.3	0.6
Chocolate Twist (60727)	YES	NO	YES	N	N	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	C		1522	363	16.5	10.5	47.2	20.6	5.5	0.7	80	1217	290	13.0	8.4	38.0	16.0	4.4	0.5
Pain Aux Raisins (60728)	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	N	C		1440	343	15.2	9.8	45.3	18.8	5.5	0.6	90	1296	309	14.0	8.8	41.0	17.0	5.0	0.5
Almond Croissant (61358)	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	YES	Almond	1738	416	21.9	11.1	43.7	19.2	8.9	0.8	90	1565	374	19.7	10.0	39.3	17.3	8.0	0.7	
Chocolate Twist (60079)	YES	NO	YES	C	C	C	YES	C	YES	N	N	N	N	N	N	N	N	C		1441	343	13.2	8.5	48.7	16.3	6.2	0.9	89	1282	305	12.0	7.6	43.0	14.0	5.5	0.8	
Almond Croissant (60080)	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	C	N	N	N	YES	Almond	1583	378	17.6	8.8	44.6	14.7	8.8	0.8	85	1346	321	15.0	7.5	37.9	12.5	7.4	0.7	
Butter Croissant (60081)	YES	NO	YES	C	C	C	C	YES	YES	N	N	N	N	N	N	N	N	C		1741	417	24.2	15.9	39.8	6.0	8.7	1.1	53	888	213	12.0	8.1	20.0	3.1	4.4	0.6	

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)

Pain Aux Raisins (60542)	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	N	C		1354	323	13.5	8.8	43.7	17.0	5.6	0.8	85	1151	274	11.5	7.4	37.2	14.5	4.8	0.7
Cup Croissant with Nutella	YES	NO	YES	N	N	N	YES	YES	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	1938	464	27.7	12.3	43.9	18.2	8.7	0.8	70	1347	323	19.0	8.6	31.0	13.0	6.1	0.5

Whole Fruit

Apple	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		251	51	0.5	0.1	11.6	11.6	0.6	0.0	87	183	43	0.4	0.1	10.0	10.0	0.5	0.0
Banana	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		435	103	0.3	0.1	23.2	20.9	1.2	0.0	87	217	51	0.0	0.0	12.8	11.4	0.8	0.0
Clementine	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		173	41	0.2	0.0	9.6	9.6	0.7	0.0	145	251	59	0.3	0.0	13.9	13.9	1.0	0.1
Nectarine	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		181	43	0.1	0.0	9.0	9.0	1.4	0.0	120	217	51	0.1	11.0	11.0	11.0	1.7	0.0

Food Extras

Salt Sachets	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		0	0	0.0	0.0	0.0	0.0	0.0	100.0	0.8	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.8
Black Pepper Sachets	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1603	381	3.3	0.0	64.0	0.0	10.9	0.1	0.2	2	1	0.0	0.0	0.1	0.0	0.0	0.0	
Nutella Portion	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	HAZEL-NUT	2243	537	31.0	10.3	56.4	55.2	6.4	0.1	15	336	81	5.0	1.6	8.5	8.3	1.0	0.0	
Salted Butter Portion	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		3036	738	81.4	52.3	0.8	0.8	0.6	1.9	6.5	197	48	5.3	3.4	0.1	0.1	0.0	0.1	
Hp Brown Sauce Sachet	YES	NO	N	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N		495	117	0.1	0.0	28.0	23.0	0.9	1.3	10	49	12	0.0	0.0	2.8	2.3	0.1	0.1	
Tomato Ketchup Sachet	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N		424	100	0.1	0.0	23.2	22.8	1.2	1.8	7.0	30	7	0	0	1.6	0.4	0.1	0.1	
Marmite Portion	YES	YES	N	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N		1071	252	0.1	0.0	24.1	1.1	38.7	9.8	8.0	86	20	0.0	0.0	1.9	0.1	3.1	0.8	
Tiptree Strawberry Jam Portion	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1139	268	0.0	0.0	67.0	67.0	0.0	0.0	28	319	75	0.0	0.0	18.8	18.8	0.0	0.0	
Tiptree Marmalade Portion	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1139	268	0.0	0.0	67.0	67.0	0.0	0.0	28	319	75	0.0	0.0	18.8	18.8	0.0	0.0	
Tiptree Honey Portion	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1229	228	0.0	0.0	76.4	76.4	0.4	0.0	28	344	64	0.0	0.0	21.4	21.4	0.1	0.0	
Lyles Maple Syrup Sachets	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1326	312	0.0	0.0	77.5	77.5	0.5	0.8	20	265	62	0.0	0.0	15.5	15.5	0.1	0.2	
Peanut Butter	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	YES	N	C	Peanut	2528	610	48.8	9.6	14.7	7.0	24.4	1.3	15	379	92	7.3	1.4	2.2	1.1	3.7	0.2		
Sunflower Spread	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		2025	495	55.0	13.0	0.0	0.0	1.5	8.6	174	43	4.7	1.1	0.0	0.0	0.0	0.1		
Clotted Cream	YES	NO	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N		2413	586	63.7	39.7	2.2	2.2	1.6	0.0	28	676	164	17.8	11.1	0.6	0.6	0.4	0.0		

HOT DRINKS

Signature Roast espresso																																					
SIGNATURE ROAST ESPRESSO - SOLO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	30	11	3	0.1	0.0	0.4	0.2	0.2	0.0

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
SIGNATURE ROAST ESPRESSO - DOPIO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	60	22	6	0.2	0.0	0.8	0.4	0.4	0.0
Winter Blend Espresso																																					
WINTER BLEND ESPRESSO - SOLO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	30	11	3	0.1	0.0	0.4	0.2	0.2	0.0
WINTER BLEND ESPRESSO - DOPIO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	60	22	6	0.2	0.0	0.8	0.4	0.4	0.0
Decaffeinated Espresso																																					
DECAFFEINATED ESPRESSO - SOLO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	30	11	3	0.1	0.0	0.4	0.2	0.2	0.0
DECAFFEINATED ESPRESSO - DOPIO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	60	22	6	0.2	0.0	0.8	0.4	0.4	0.0
Ristretto																																					
RISTERETTO - SOLO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		37	10	0.3	0.0	1.3	0.7	0.7	0.0	20	7	2	0.1	0.0	0.3	0.1	0.1	0.0
RISTERETTO - DOPIO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		73	20	0.7	0.0	2.7	1.3	1.3	0.1	40	15	4	0.1	0.0	0.5	0.3	0.3	0.0
Macchiato																																					
MACCHIATO- MADE WITH SEMI SKIMMED MILK- SOLO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		59	15	0.5	0.2	1.8	1.2	1.1	0.0	70	42	11	0.4	0.1	1.3	0.9	0.8	0.0
Cortado																																					
CORTADO- MADE WITH WHOLE MILK- SOLO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		241	58	3.4	2.2	4.1	4.0	2.9	0.1	145	350	85	4.9	3.1	5.9	5.8	4.3	0.1
CORTADO- MADE WITH WHOLE MILK- SOLO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		248	60	3.5	2.2	4.1	4.1	3.0	0.1	180	446	108	6.3	4.0	7.5	7.3	5.4	0.2
Mocha Cortado																																					
MOCHA CORTADO - MADE WITH WHOLE MILK - DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		306	74	3.4	2.1	7.5	6.2	3.1	0.1	111	340	82	3.8	2.4	8.3	6.9	3.4	0.1
MOCHA CORTADO - MADE WITH WHOLE MILK - TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		296	71	3.6	2.3	6.5	5.6	3.1	0.1	166	491	118	6.0	3.8	10.8	9.3	5.2	0.2
Caramel Cortado																																					
CARAMEL CORTADO - MADE WITH WHOLE MILK - DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		330	79	3.2	2.0	9.9	9.7	2.7	0.1	141	465	111	4.5	2.9	14.0	13.7	3.8	0.1
CARAMEL CORTADO - MADE WITH WHOLE MILK - TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		319	77	3.3	2.1	8.9	8.8	2.8	0.1	173	552	132	5.7	3.7	15.5	15.2	4.9	0.2
Americano																																					
AMERICANO - MADE WITH NO MILK - PRIMO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		8	2	0.1	0.0	0.3	0.1	0.1	0.0	286	23	6	0.0	0.0	0.9	0.4	0.4	0.0

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
AMERICANO - MADE WITH NO MILK - MEDIO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		8	2	0.1	0.0	0.3	0.1	0.1	0.0	382	29	8	0.3	0.0	1.1	0.5	0.5	0.0
AMERICANO - MADE WITH NO MILK - MASSIMO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		8	2	0.1	0.0	0.3	0.1	0.1	0.0	498	44	12	0.4	0.0	1.6	0.8	0.8	0.0
House Filter Coffee																																					
HOUSE FILTER COFFEE - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		5	1	0.0	0.0	0.2	0.0	0.1	0.0	286	13	3	0.0	0.0	0.5	0.0	0.3	0.0
HOUSE FILTER COFFEE - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		5	1	0.0	0.0	0.2	0.0	0.1	0.0	382	18	4	0.0	0.0	0.6	0	0.4	0.0
HOUSE FILTER COFFEE - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		5	1	0.0	0.0	0.2	0.0	0.1	0.0	498	23	6	0.0	0.0	6.6	0.0	0.5	0.0
Latte																																					
CAFFE LATTE- MADE WITH SEMI SKIMMED MILK- PRIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		123	29	0.2	0.1	4.0	3.9	3.0	0.1	226	278	66	0.5	0.2	9.0	8.8	6.9	0.2
CAFFE LATTE- MADE WITH SEMI SKIMMED MILK- PRIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		161	38	1.4	0.8	4.0	3.8	2.9	0.1	276	443	105	3.9	2.3	11.0	10.6	8.0	0.2
CAFFE LATTE- MADE WITH SEMI SKIMMED MILK- MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		169	40	1.5	0.9	4.1	4.0	3.0	0.1	364	615	146	5.4	3.3	15.1	14.7	11.0	0.3
CAFFE LATTE- MADE WITH SEMI SKIMMED MILK- MASSIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		168	40	1.5	0.9	4.1	4.0	3.0	0.1	472	794	188	6.9	4.2	19.5	19.0	14.3	0.4
CAFFE LATTE- MADE WITH SEMI SKIMMED MILK- MASSIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		169	40	1.5	0.9	4.2	4.0	3.0	0.1	496	841	199	7.3	4.5	20.6	20.1	15.1	0.5
Cappuccino																																					
CAPPUCCINO - MADE WITH SEMI SKIMMED MILK - PRIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		164	39	1.3	0.8	4.5	4.2	2.7	0.1	206	338	81	2.8	1.6	9.2	8.6	5.6	0.2
CAPPUCCINO - MADE WITH SEMI SKIMMED MILK - PRIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		168	40	1.4	0.8	4.5	4.2	2.8	0.1	235	395	94	3.3	1.9	10.6	10.0	6.6	0.2
CAPPUCCINO - MADE WITH SEMI SKIMMED MILK - MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		164	39	1.4	0.8	4.3	4.1	2.8	0.1	312	513	122	4.3	2.5	13.5	12.8	8.7	0.3
CAPPUCCINO - MADE WITH SEMI SKIMMED MILK - MASSIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		156	37	1.3	0.8	4.1	3.9	2.7	0.1	410	641	153	5.4	3.1	16.8	15.8	11.0	0.3
CAPPUCCINO - MADE WITH SEMI SKIMMED MILK - MASSIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		116	28	0.3	0.1	3.9	3.7	2.6	0.1	429	678	162	5.7	3.4	17.7	16.7	11.7	0.4
Flat Family																																					
Flat Black																																					
FLAT BLACK - DRINK IN	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		42	10	0.3	0.0	1.3	0.7	0.7	0.0	30	13	3	0.1	0.0	0.4	0.2	0.2	0.0
Flat White																																					
FLAT WHITE- MADE WITH WHOLE MILK- PRIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		246	59	3.5	2.2	4.1	4.1	3.0	0.1	257	633	153	9.0	5.7	10.6	10.4	7.7	0.2
FLAT WHITE- MADE WITH WHOLE MILK- PRIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		250	60	3.5	2.2	4.2	4.1	3.0	0.1	297	743	179	10.5	6.7	12.4	12.2	9.0	0.3

Product Description	Dietary Choices		Allergens															Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															

Flat Mocha																																				
FLAT MOCHA -SEMI- SKIMMED MILK - DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	308	74	1.9	1.2	10.3	8.3	3.5	0.1	283	872	208	5.3	3.4	29.2	23.5	9.8	0.4
FLAT MOCHA - SEMI-SKIMMED MILK - TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	293	70	1.8	1.2	9.6	7.8	3.5	0.1	323	948	226	5.9	3.8	31.0	25.3	11.2	0.5	
TEAS AND INFUSIONS (NO MILK)																																				
Thoroughly Minted																																				
THOROUGHLY MINTED	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	13	3	0.1	0.1	0.3	0.3	0.1	0.0	100	13	3	0.1	0.1	0.3	0.3	0.1	0.0	
The Earl																																				
THE EARL	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	12	3	0.1	0.1	0.3	0.3	0.1	0.0	100	12	3	0.1	0.1	0.3	0.3	0.1	0.0	
Simply Sencha Green Tea																																				
SIMPLY SENCHA GREEN TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	14	3	0.1	0.1	0.3	0.3	0.1	0.0	100	14	3	0.1	0.1	0.3	0.3	0.1	0.0	
Everyday Tea																																				
EVERYDAY TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	13	3	0.1	0.1	0.3	0.3	0.1	0.0	100	13	3	0.1	0.1	0.3	0.3	0.1	0.0	
English Breakfast Decafinated Tea																																				
ENGLISH BREAKFAST DECAFINATED TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	13	3	0.1	0.1	0.3	0.3	0.1	0.0	100	13	3	0.1	0.1	0.3	0.3	0.1	0.0	
Superfruity Tea																																				
SUPERFRUITY TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	10	2	0.0	0.0	0.0	0.0	0.0	0.0	100	10	2	0.0	0.0	0.0	0.0	0.0	0.0	
English Breakfast																																				
ENGLISH BREAKFAST	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	3	1	0.0	0.0	0.0	0.3	0.1	0.0	100	3	1	0.0	0.0	0.0	0.0	0.0	0.0	
All Day Decaf																																				
ALL DAY DECAF	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	3	1	0.0	0.0	0.0	0.3	0.1	0.0	100	3	1	0.0	0.0	0.0	0.0	0.0	0.0	
Jasmine Green tea																																				
JASMINE GREEN TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	3	1	0.0	0.0	0.0	0.3	0.1	0.0	100	3	1	0.0	0.0	0.0	0.0	0.0	0.0	

Product Description	Dietary Choices		Allergens																Nutrition per 100g							Nutrition per portion											
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															

Summer Fruit Infusion

SUMMER FRUIT INFUSION	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	3	1	0.0	0.0	0.0	0.3	0.1	0.0	100	3	1	0.0	0.0	0.0	0.0	0.0	0.0
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HOT CHOCOLATE AND MOCHA

Hot Chocolate

HOT CHOCOLATE - MADE WITH SEMI SKIMMED MILK - PRIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	346	82	2.3	1.4	11.4	9.2	3.9	0.2	234	809	191	5.3	3.3	26.8	21.5	9.2	0.4
HOT CHOCOLATE - MADE WITH SEMI SKIMMED MILK - PRIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	326	77	2.2	1.4	10.6	8.6	3.9	0.2	269	877	208	5.9	3.7	28.4	23.2	10.4	0.4
HOT CHOCOLATE - MADE WITH SEMI SKIMMED MILK - MEDIO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	342	81	2.2	1.4	11.2	9.1	3.9	0.2	361	1233	292	8.1	5.0	40.6	32.7	14.1	0.6
HOT CHOCOLATE - MADE WITH SEMI SKIMMED MILK - MEDIO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	330	78	2.2	1.4	10.7	8.7	3.9	0.2	391	1292	306	8.6	5.4	42.0	34.2	15.1	0.6
HOT CHOCOLATE - MADE WITH SEMI SKIMMED MILK - MASSIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	375	89	2.4	1.5	12.7	10.1	4.0	0.2	490	1838	435	11.6	7.2	62.4	49.3	19.6	0.8
HOT CHOCOLATE - MADE WITH SEMI SKIMMED MILK - MASSIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	314	74	1.0	0.6	12.1	9.5	3.9	0.2	515	1618	383	5.2	3.0	62.2	49.1	20.0	0.8

Mocha

MOCHA - MADE WITH SEMI SKIMMED MILK - PRIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	323	77	1.9	1.2	11.5	8.9	3.2	0.1	226	730	174	4.4	2.6	25.9	20.1	7.2	0.3
MOCHA - MADE WITH SEMI SKIMMED MILK - PRIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	308	73	1.9	1.1	10.7	8.4	3.2	0.1	256	789	187	4.9	2.9	27.3	21.5	8.3	0.4
MOCHA - MADE WITH SEMI SKIMMED MILK - MEDIO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	318	76	2.0	1.2	11.1	8.6	3.3	0.1	353	1122	267	6.9	4.1	39.1	30.5	11.6	0.5
MOCHA - MADE WITH SEMI SKIMMED MILK - MEDIO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	315	75	2.0	1.2	10.9	8.5	3.3	0.1	363	1142	271	7.1	4.2	39.6	31.0	11.9	0.5
MOCHA - MADE WITH SEMI SKIMMED MILK - MASSIMO DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	345	82	2.0	1.2	12.4	9.4	3.3	0.2	482	1663	395	9.9	5.9	59.6	45.5	15.9	0.7
MOCHA - MADE WITH SEMI SKIMMED MILK - MASSIMO TAKEAWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	339	81	2.0	1.2	12.1	9.2	3.3	0.2	502	1702	405	10.2	6.1	60.5	46.4	16.6	0.8

SPECIALITY DRINKS

Chai Latte

CHAI LATTE - SEMI SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	257	60	1.5	0.9	9.1	8.7	3.1	0.1	241	618	146	3.6	2.3	21.9	21.0	7.4	0.2
CHAI LATTE - SEMI SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	253	60	1.5	0.9	8.8	8.5	3.1	0.1	385	974	229	5.8	3.6	34.0	32.6	11.9	0.4
CHAI LATTE - SEMI SKIMMED MILK - MASSIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	264	62	1.5	0.9	9.6	9.2	3.0	0.1	432	1139	268	6.3	4.0	41.5	39.7	13.0	0.4

GINGERBREAD & CREAM LATTE

GINGERBREAD & CREAM LATTE - SEMI SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	N	C	335	80	5.5	3.4	5.0	4.2	2.9	0.1	249	834	200	13.8	8.5	12.5	10.4	7.2	0.3
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Product Description	Dietary Choices		Allergens														Nutrition per 100g							Nutrition per portion													
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															
GINGERBREAD & CREAM LATTE - SEMI SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	C		330	79	5.7	3.6	4.5	3.9	2.8	0.1	369	1219	293	21.1	13.1	16.6	14.4	10.2	0.4	
GINGERBREAD & CREAM HOT CHOCOLATE																																					
GINGERBREAD & CREAM HOT CHOCOLATE - SEMI SKIMMED MILK - PRIMO - DRINK IN	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	C		495	118	5.8	3.6	12.5	9.3	3.6	0.2	219	1083	259	12.8	7.8	27.3	20.3	7.9	0.4	
GINGERBREAD & CREAM HOT CHOCOLATE - SEMI SKIMMED MILK - PRIMO - TAKE AWAY	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	C		419	100	4.6	2.8	10.8	8.2	3.5	0.2	278	1164	278	12.9	7.9	29.9	22.9	9.9	0.4	
GINGERBREAD & CREAM HOT CHOCOLATE - SEMI SKIMMED MILK - MEDIO - DRINK IN	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	C		495	118	6.1	3.7	12.0	9.1	3.6	0.2	329	1627	389	19.9	12.2	39.6	30.0	11.7	0.5	
GINGERBREAD & CREAM HOT CHOCOLATE - SEMI SKIMMED MILK - MEDIO - TAKE AWAY	YES	NO	YES	N	N	N	C	YES	YES	N	N	N	N	N	N	N	N	C		427	102	5.0	3.0	10.6	8.2	3.5	0.2	405	1731	413	20.1	12.3	43.0	33.3	14.3	0.6	
GINGERBREAD MILK WHIP																																					
GINGERBREAD MILK WHIP - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		71	17	0.1	0.1	2.2	2.2	1.7	0.1	250	179	42	0.3	0.1	5.6	5.6	4.3	0.1	
GINGERBREAD MILK WHIP - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		120	28	0.2	0.1	3.8	3.7	2.9	0.1	345	415	98	0.6	0.3	13.0	12.9	9.9	0.3	
BLACK FOREST HOT CHOCOLATE																																					
BLACK FOREST HOT CHOCOLATE - SEMI SKIMMED MILK - PRIMO - DRINK IN	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N		562	134	7.0	4.3	14.3	11.8	3.5	0.2	222	1248	298	15.4	9.6	31.8	26.2	7.8	0.3	
BLACK FOREST HOT CHOCOLATE - SEMI SKIMMED MILK - PRIMO - TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N		500	119	6.1	3.8	12.7	10.6	3.5	0.1	267	1336	319	16.2	10.1	33.9	28.3	9.4	0.4	
BLACK FOREST HOT CHOCOLATE - SEMI SKIMMED MILK - MEDIO - DRINK IN	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N		548	131	6.6	4.1	14.1	11.6	3.6	0.2	327	1792	428	21.7	13.5	46.2	37.9	11.6	0.5	
BLACK FOREST HOT CHOCOLATE - SEMI SKIMMED MILK - MEDIO - TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N		516	123	6.2	3.9	13.3	10.9	3.5	0.2	360	1856	443	22.3	13.9	47.7	39.4	12.8	0.6	
LUXURY HOT CHOCOLATE																																					
LUXURY HOT CHOCOLATE - DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		399	94	1.4	0.9	15.0	14.0	3.9	0.0	120	479	113	1.7	1.1	18.0	16.8	4.7	0.0	
LUXURY HOT CHOCOLATE - TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		399	94	1.4	0.9	15.0	14.0	3.9	0.0	160	638	150	2.2	1.4	24.0	22.4	6.2	0.0	
LUXURY HOT CARAMEL																																					
LUXURY HOT CARAMEL - DRINK IN	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		427	101	1.8	1.2	18.3	15.8	2.6	0.2	120	512	121	2.1	1.4	21.9	18.9	3.1	0.3	
LUXURY HOT CARAMEL - TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		421	100	1.8	1.2	17.9	15.5	2.6	0.2	160	673	159	2.9	1.9	28.7	24.8	4.2	0.3	
HOT SPICED APPLE																																					

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)

HOT SPICED APPLE - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		140	33	0.6	0.2	6.7	6.0	0.1	0.0	215	301	71	1.4	0.5	14.4	13.0	0.3	0.0
HOT SPICED APPLE - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		141	33	0.6	0.2	6.8	6.1	0.1	0.0	340	481	114	2.2	0.8	23.0	20.8	0.5	0.0

HAZELNUT PRALINE LATTE

HAZELNUT PRALINE LATTE MADE WITH SEMI-SKIMMED MILK - PRIMO - DRINK IN	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	434	104	5.5	3.4	10.6	9.8	2.9	0.1	263	1141	273	14.6	9.0	27.9	25.8	7.5	0.2
HAZELNUT PRALINE LATTE MADE WITH SEMI-SKIMMED MILK - PRIMO - TAKE AWAY	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	386	92	4.8	2.9	9.4	8.8	3.0	0.1	328	1268	303	15.7	9.6	30.9	28.8	9.8	0.3
HAZELNUT PRALINE LATTE MADE WITH SEMI-SKIMMED MILK - MEDIO - DRINK IN	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	398	95	5.3	3.2	9.3	8.7	2.7	0.1	378	1505	361	19.9	12.3	35.3	33.1	10.4	0.3
HAZELNUT PRALINE LATTE MADE WITH SEMI-SKIMMED MILK - MEDIO - TAKE AWAY	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	363	87	4.6	2.9	8.5	8.0	2.9	0.1	458	1661	398	21.2	13.1	39.1	36.8	13.2	0.4

HAZELNUT PRALINE HOT CHOCOLATE

HAZELNUT PRALINE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - DRINK IN	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	636	152	6.8	4.2	18.5	15.5	3.6	0.1	233	1483	354	15.7	9.7	43.2	36.1	8.3	0.3
HAZELNUT PRALINE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - PRIMO - TAKE AWAY	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	547	130	5.7	3.5	15.7	13.3	3.5	0.1	292	1598	381	16.7	10.4	46.0	38.9	10.4	0.4
HAZELNUT PRALINE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - MEDIO - DRINK IN	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	607	145	6.5	4.0	17.5	14.6	3.6	0.2	338	2051	490	21.9	13.6	59.1	49.4	12.1	0.5
HAZELNUT PRALINE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - MEDIO - TAKE AWAY	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	YES	Hazelnut	531	127	5.6	3.5	15.1	12.8	3.6	0.1	414	2199	525	23.2	14.4	62.7	52.9	14.8	0.6

CARAMELISED ORANGE LATTE

CARAMELISED ORANGE LATTEE MADE WITH SEMI SKIMMED MILK - PRIMO - DRINK IN	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		361	86	5.4	3.4	7.1	7.0	2.8	0.1	247	892	213	13.2	8.3	17.7	17.4	7.0	0.2
CARAMELISED ORANGE LATTEE MADE WITH SEMI SKIMMED MILK - PRIMO - TAKE AWAY	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		327	78	4.6	2.9	6.6	6.6	3.0	0.1	312	1019	243	14.3	9.0	20.7	20.5	9.3	0.3
CARAMELISED ORANGE LATTEE MADE WITH SEMI SKIMMED MILK - MEDIO - DRINK IN	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		350	84	5.1	3.2	7.1	7.0	2.7	0.1	362	1265	303	18.6	11.6	25.7	25.2	9.9	0.3
CARAMELISED ORANGE LATTEE MADE WITH SEMI SKIMMED MILK - MEDIO - TAKE AWAY	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		322	77	4.5	2.8	6.7	6.6	2.9	0.1	442	1421	340	19.9	12.5	29.4	29.0	12.7	0.4

CARAMELISED ORANGE HOT CHOCOLATE

CARAMELISED ORANGE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - PRIMO - DRINK IN	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		569	136	6.6	4.2	15.2	12.8	3.6	0.2	217	1234	294	14.4	9.1	33.0	27.7	7.8	0.3
CARAMELISED ORANGE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - PRIMO - TAKE AWAY	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		489	116	5.6	3.5	13.0	11.0	3.6	0.1	276	1349	321	15.4	9.7	35.8	30.5	9.8	0.4

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	
CARAMELISED ORANGE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - MEDIO - DRINK IN	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		563	134	6.4	4.0	15.4	12.9	3.6	0.2	322	1812	432	20.6	13.0	49.5	41.5	11.6	0.5	
CARAMELISED ORANGE HOT CHOCOLATE MADE WITH SEMI-SKIMMED MILK - MEDIO - TAKE AWAY	YES	NO	N	N	N	N	C	N	YES	N	N	N	C	N	N	N	N	N	C		492	117	5.5	3.5	13.3	11.3	3.6	0.1	398	1960	467	21.9	13.8	53.0	45.1	14.3	0.6	
Milk Babyehino																																						
MILK BABYCCINO - MADE WITH WHOLE MILK	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		274	66	3.9	2.5	4.5	4.5	3.3	0.1	90	247	59	3.5	2.3	4.1	4.1	3.0	0.1	
Mini Hot Chocolate - With Marshmallow																																						
MINI HOT CHOCOLATE WITH MARSHMALLOW - MADE WITH SEMI SKIMMED MILK	NO	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		376	89	1.9	1.2	14.3	11.6	3.7	0.1	104	391	92	2.0	1.2	14.9	12.1	3.9	0.1	
Mini Hot Chocolate - With Flake																																						
MINI HOT CHOCOLATE WITH FLAKE - MADE WITH SEMI SKIMMED MILK	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		437	104	4.3	2.6	12.4	11.1	4.1	0.2	104	455	108	4.4	2.7	12.9	11.6	4.2	0.2	
COLD DRINKS																																						
Iced Espresso																																						
ICED ESPRESSO - SOLO - DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		83	20	0.1	0.0	4.6	4.4	0.2	0.0	100.0	83	20	0.1	0.0	4.6	4.4	0.2	0.0	
ICED ESPRESSO - DOPPIO - DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		122	29	0.1	0.0	6.8	6.5	0.3	0.0	135.0	165	40	0.2	0.0	9.2	8.8	0.4	0.0	
Iced Ristretto																																						
ICED RISTRETTO - SOLO - DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		88	21	0.1	0.0	0.5	4.8	0.2	0.0	90	79	19	0.1	0.0	4.5	4.3	0.1	0.0	
ICED RISTRETTO - DOPPIO - DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		137	33	0.1	0.0	7.8	7.6	0.2	0.0	115	158	38	0.1	0.0	9.0	8.7	0.1	0.0	
Iced Espresso Machiatto																																						
ICED ESPRESSO MACCHIATO- MADE WITH SEMI SKIMMED MILK- SOLO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		81	19	0.1	0.0	4.5	4.3	0.2	0.0	102	83	20	0.1	0.0	4.6	4.4	0.2	0.0	
ICED ESPRESSO MACCHIATO- MADE WITH SEMI SKIMMED MILK- DOPPIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		121	29	0.1	0.0	6.7	6.4	0.3	0.0	137	165	40	0.2	0.0	9.2	8.8	0.4	0.0	
Iced Cortado																																						
ICED CORTADO- MADE WITH SEMI SKIMMED MILK - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N		129	31	0.8	0.5	4.5	4.4	1.6	0.1	190	245	58	1.5	0.9	8.5	8.3	3.1	0.1	
Iced Mocha Cortado																																						

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens																Nutrition per 100g							Nutrition per portion							
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
ICED MOCHA CORTADO MADE WITH SEMI SKIMMED MILK -DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	194	46	1.1	0.7	7.1	6.4	1.7	0.0	190	368	87	2.1	1.3	13.5	12.1	3.1	0.1
Iced Americano (No milk)																																					
ICED AMERICANO - PRIMO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	45	11	0.1	0.0	2.5	2.4	0.1	0.0	365	165	40	0.2	0.0	9.2	8.8	0.4	0.0
ICED AMERICANO - MEDIO DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	50	12	0.0	0.0	2.8	2.7	0.1	0.0	475	237	57	0.2	0.0	13.4	13.0	0.4	0.0
New Iced Cappuccino (with whipped milk)																																					
NEW ICED CAPPUCCINO - SKIMMED MILK -PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	123	29	0.2	0.1	5.2	5.1	1.8	0.1	201	248	59	0.4	0.2	10.4	10.2	3.6	0.1
NEW ICED CAPPUCCINO - SKIMMED MILK -MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	133	31	0.2	0.1	5.8	5.7	1.8	0.1	293	390	92	0.5	0.2	17.0	16.6	5.4	0.2
Iced Cappuccino (Shaken)																																					
ICED CAPPUCCINO- MADE WITH SEMI SKIMMED MILK- PRIMO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	123	29	0.5	0.3	5.2	5.0	1.1	0.0	350	430	102	1.9	1.0	18.2	17.6	3.9	0.1
ICED CAPPUCCINO- MADE WITH SEMI SKIMMED MILK- MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	104	25	0.5	0.2	4.4	4.2	0.9	0.0	415	430	102	1.9	1.0	18.2	17.6	3.9	0.1
Iced Latte (Standard)																																					
ICED LATTE- MADE WITH SEMI-SKIMMED MILK- PRIMO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	119	28	0.9	0.5	3.6	3.5	1.8	0.1	365	435	103	3.2	1.9	13.2	12.8	6.5	0.2
ICED LATTE- MADE WITH SEMI-SKIMMED MILK- MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	129	31	0.9	0.5	4.2	4.1	1.8	0.1	475	614	146	4.1	2.5	20.0	19.6	8.5	0.3
Iced Latte Base For Speciality Latte (Without Gomme Syrup)																																					
ICED LATTE BASE- MADE WITH SEMI-SKIMMED MILK- PRIMO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	101	24	0.9	0.5	2.5	2.4	1.8	0.1	360	363	87	3.2	1.9	9.0	8.6	6.5	0.2
ICED LATTE BASE- MADE WITH SEMI-SKIMMED MILK- MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	101	24	0.9	0.5	2.5	2.4	1.8	0.1	465	471	112	4.1	2.5	11.6	11.2	8.5	0.3
New Iced Flat White (with whipped milk)																																					
NEW ICED FLAT WHITE -SKIMMED MILK-PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	105	25	0.1	0.1	4.2	4.1	1.9	0.1	256	270	64	0.4	0.1	10.7	10.5	4.9	0.1
Iced Chocolate																																					
ICED CHOCOLATE- MADE WITH SEMI SKIMMED MILK- PRIMO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	260	62	1.5	0.9	9.6	8.7	2.1	0.1	270	702	166	4.0	2.5	25.9	23.5	5.7	0.2
ICED CHOCOLATE- MADE WITH SEMI SKIMMED MILK- MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	280	66	1.5	1.0	10.5	9.5	2.1	0.1	355	995	235	5.4	3.4	37.4	33.9	7.4	0.2

Product Description	Dietary Choices		Allergens																Nutrition per 100g							Nutrition per portion											
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															

Iced Mocha

ICED MOCHA- MADE WITH SEMI SKIMMED MILK-PRIMO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	211	50	1.2	0.7	7.9	7.0	1.7	0.0	330	695	165	3.9	2.3	26.0	23.2	5.5	0.2
ICED MOCHA- MADE WITH SEMI SKIMMED MILK-MEDIO DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	220	52	1.2	0.7	8.3	7.4	1.6	0.0	453	995	236	5.4	3.3	37.8	33.7	7.5	0.2

Iced Chai Latte

ICED CHAI LATTE - SEMI SKIMMED MILK -PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	178	42	0.9	0.6	6.9	6.5	1.8	0.1	270	480	113	2.4	1.5	18.6	17.7	4.9	0.2
ICED CHAI LATTE - SEMI SKIMMED MILK -MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	186	44	0.9	0.5	7.5	7.1	1.8	0.1	355	662	156	3.1	1.9	26.5	25.1	6.3	0.2

Poured Over Ice

Peah Ice Tea

ICE TEA PEACH-PRIMO - DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	91	21	0.0	0.0	5.3	5.2	0.0	0.0	406	368	87	0.1	0.0	21.3	21.2	0.2	0.0
ICE TEA PEACH-MEDIO - DRINK IN AND TAKE AWAY	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	101	24	0.0	0.0	5.9	5.8	0.0	0.0	546	552	130	0.1	0.0	32.0	31.7	0.2	0.0

MILK WHIPS

Strawberry Milk Whip

STRAWBERRY MILK WHIP - SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	187	44	0.1	0.0	9.2	9.2	1.7	0.0	265	496	117	0.3	0.1	24.4	24.3	4.4	0.1
STRAWBERRY MILK WHIP - SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	193	45	0.1	0.0	9.6	9.6	1.6	0.0	370	713	168	0.4	0.2	35.7	35.4	5.8	0.2

Vanilla Milk Whip

VANILLA MILK WHIP - SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	128	30	0.1	0.1	5.7	5.7	1.7	0.1	245	314	74	0.3	0.1	13.9	13.9	4.3	0.1
VANILLA MILK WHIP - SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	129	30	0.1	0.0	5.9	5.8	1.7	0.0	340	440	104	0.3	0.2	19.9	19.9	5.6	0.2

Salted Caramel Milk Whip

SALTED CARAMEL MILKWHIP - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	228	54	0.7	0.4	10.5	8.7	1.8	0.1	265	605	144	1.7	1.1	27.9	23.1	4.8	0.1
SALTED CARAMEL MILKWHIP - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	237	56	0.7	0.5	11.1	9.1	1.7	0.1	370	876	209	2.6	1.7	40.9	33.7	6.4	0.2

Mango & Passionfruit Milk Whip

MANGO & PASSIONFRUIT MILK WHIP - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	118	28	0.1	0.0	5.2	5.2	1.6	0.0	280	331	78	0.3	0.1	14.7	14.5	4.5	0.1
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Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
MANGO & PASSIONFRUIT MILK WHIP - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	114	27	0.1	0.0	5.1	5.0	1.6	0.0	385	439	104	0.5	0.2	19.5	19.3	6.0	0.2
COFFEE FROSTINOS																																					
Coffee Frostino																																					
COFFEE FROSTINO- SEMI SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	141	33	0.7	0.4	5.7	5.5	1.4	0.0	343	484	115	2.3	1.4	19.4	18.9	4.8	0.1
COFFEE FROSTINO- SEMI SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	136	32	0.6	0.4	5.6	5.5	1.3	0.0	495	673	160	3.0	1.8	27.9	27.1	6.2	0.2
Belgian Chocolate Coffee Frostino																																					
BELGIAN CHOCOLATE COFFEE - SEMI SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	291	69	1.2	0.7	12.5	11.4	1.5	0.0	388	1128	267	4.7	2.9	48.4	44.3	5.9	0.2
BELGIAN CHOCOLATE COFFEE - SEMI SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	276	65	1.1	0.7	12.0	11.0	1.4	0.0	555	1531	363	6.2	3.8	66.5	61.0	7.7	0.2
Salted Caramel Crunch Coffee Frostino																																					
SALTED CARAMEL CRUNCH COFFEE FROSTINO - SEMI SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	303	72	1.2	0.8	14.3	12.3	1.4	0.0	391	1187	282	4.6	2.9	56.0	48.2	5.5	0.2
SALTED CARAMEL CRUNCH COFFEE FROSTINO - SEMI SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	285	68	1.1	0.7	13.5	11.6	1.3	0.0	563	1603	381	6.1	3.9	75.9	65.4	7.4	0.2
NON-COFFEE FROSTINO																																					
Belgian Cocolate Frostino																																					
BELGIAN CHOCOLATE - SEMI SKIMMED MILK - PRIMO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	312	74	1.3	0.8	13.4	12.3	1.6	0.0	358	1117	264	4.6	2.9	48.0	44.1	5.7	0.1
BELGIAN CHOCOLATE - SEMI SKIMMED MILK - MEDIO - DRINK IN AND TAKE AWAY	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	305	72	1.2	0.8	13.3	12.2	1.5	0.0	495	1509	357	6.0	3.8	65.7	60.6	7.3	0.2
Salted Caramel Crunch Frostino																																					
SALTED CARAMEL CRUNCH FROSTINO - SEMI SKIMMED MILK - PRIMO - Drink in and Take away	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	326	77	1.2	0.8	15.4	13.3	1.5	0.0	361	1176	279	4.5	2.9	55.6	48.0	5.3	0.2
SALTED CARAMEL CRUNCH FROSTINO - SEMI SKIMMED MILK - MEDIO - Drink in and Take away	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	315	75	1.2	0.8	14.9	12.9	1.4	0.0	503	1581	375	5.9	3.9	75.1	65.0	7.0	0.2
Strawberry Frostino																																					
STRAWBERRY FROSTINO - SEMI SKIMMED MILK - PRIMO - Drink in and Take away	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	233	55	0.7	0.4	11.1	10.9	1.4	0.0	343	799	188	2.3	1.4	37.9	37.5	4.7	0.1
STRAWBERRY FROSTINO - SEMI SKIMMED MILK - MEDIO - Drink in and Take away	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	238	56	0.6	0.4	11.6	11.4	1.3	0.0	480	1140	268	2.9	1.8	55.5	54.8	6.0	0.2

Product Description	Dietary Choices		Allergens														Nutrition per 100g							Nutrition per portion													
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															

Mint Chocolate Chip Frostino

MINT CHOC CHIP- SEMI SKIMMED MILK - PRIMO - Drink in and Take away	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	243	58	1.4	0.9	9.8	8.6	1.5	0.0	333	810	192	4.7	3.0	32.7	28.8	4.9	0.1
MINT CHOC CHIP- SEMI SKIMMED MILK - MEDIO - Drink in and Take away	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	249	59	1.4	0.9	10.3	9.0	1.4	0.0	465	1157	274	6.6	4.1	47.6	41.7	6.4	0.2

FRUIT COOLERS

Red Summer Berries Fruit Cooler (No added sugar)

RED SUMMER BERRIES FRUIT COOLER- PRIMO Drink in and Take away	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	141	33	0.0	0.0	7.6	6.0	0.5	0.0	320	452	107	0.0	0.0	24.3	19.0	1.7	0.0
RED SUMMER BERRIES FRUIT COOLER- MEDIO Drink in and Take away	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	150	35	0.0	0.0	8.0	6.3	0.6	0.0	400	599	142	0.0	0.0	32.2	25.2	2.3	0.0

Mango And Passionfruit Cooler (No added sugar)

MANGO AND PASSION FRUIT COOLER- PRIMO Drink in and Take away	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	148	35	0.2	0.1	7.9	7.7	0.4	0.0	320	473	112	0.5	0.2	25.2	24.5	1.2	0.0
MANGO AND PASSIONFRUIT FRUIT COOLER- MEDIO Drink in and Take away	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	156	37	0.2	0.1	8.3	8.1	0.4	0.0	400	626	149	0.7	0.2	33.3	32.4	1.6	0.0

Coconut And Watermelon Fruit Cooler (No Added Sugar)

COCONUT AND WATERMELON COOLER- PRIMO Drink in and Take away	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	116	28	0.0	0.0	6.6	6.3	0.1	0.0	320	372	88	0.1	0.0	21.1	20.2	0.4	0.0
COCONUT AND WATERMELON COOLER- MEDIO Drink in and Take away	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	123	29	0.0	0.0	7.0	6.7	0.1	0.0	400	493	117	0.1	0.0	28.0	26.8	0.5	0.0

Drinks Extras

Semi-Skimmed Milk

SEMI SKIMMED MILK - 100ML	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	195	46	1.7	1.1	4.7	4.7	3.5	0.1	100	195	46	1.7	1.1	4.7	4.7	3.5	0.1
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Skimmed milk

SKIMMED MILK - 100ML	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	136	32	0.2	0.1	4.4	4.4	3.4	0.1	100	136	32	0.2	0.1	4.4	4.4	3.4	0.1
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Whole Milk

WHOLE MILK - 100ML	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	274	66	3.9	2.5	4.5	4.5	3.3	0.1	100	274	66	3.9	2.5	4.5	4.5	3.3	0.1
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Soya Drink

SOYA DRINK - 100ML	YES	YES	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	177	42	1.9	0.3	2.7	2.5	3.3	0.1	100	177	42	1.9	0.3	2.7	2.5	3.3	0.1
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Coconut Drink

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens											Nutrition per 100g							Nutrition per portion												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
ALPRO COCONUT DRINK - 100ML	YES	YES	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	C	139	33	1.4	0.7	3.3	3.3	1.5	0.1	100	139	33	1.4	0.7	3.3	3.3	1.5	0.1
Vanilla Syrup																																					
VANILLA SYRUP - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1435	338	0.0	0.0	84.4	84.0	0.0	0.0	10.0	144	34	0.0	0.0	8.4	8.4	0.0	0.0
VANILLA SYRUP - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1435	338	0.0	0.0	84.4	84.0	0.0	0.0	15.0	215	51	0.0	0.0	12.7	12.6	0.0	0.0
VANILLA SYRUP - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1435	338	0.0	0.0	84.4	84.0	0.0	0.0	20.0	287	68	0.0	0.0	16.9	16.8	0.0	0.0
Gingerbread Syrup																																					
GINGERBREAD SYRUP - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1420	334	0.0	0.0	83.5	83.5	0.0	0.0	10.0	142	33	0.0	0.0	8.4	8.4	0.0	0.0
GINGERBREAD SYRUP - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1420	334	0.0	0.0	83.5	83.5	0.0	0.0	15.0	213	50	0.0	0.0	12.5	12.5	0.0	0.0
GINGERBREAD SYRUP - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1420	334	0.0	0.0	83.5	83.5	0.0	0.0	20.0	284	67	0.0	0.0	16.7	16.7	0.0	0.0
Caramel Syrup																																					
CARAMEL SYRUP - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1166	279	0.0	0.0	69.2	69.2	0.0	0.0	10.0	117	28	0.0	0.0	6.9	6.9	0.0	0.0
CARAMEL SYRUP - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1166	279	0.0	0.0	69.2	69.2	0.0	0.0	15.0	175	42	0.0	0.0	10.4	10.4	0.0	0.0
CARAMEL SYRUP - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1166	279	0.0	0.0	69.2	69.2	0.0	0.0	20.0	233	56	0.0	0.0	13.8	13.8	0.0	0.0
Caramel Syrup (Sugar Free)																																					
CARAMEL SYRUP (SUGAR FREE) - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		173	41	0.0	0.0	10.2	0.4	0.0	0.0	10.0	17	4	0.0	0.0	1.0	0.0	0.0	0.0
CARAMEL SYRUP (SUGAR FREE) - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		173	41	0.0	0.0	10.2	0.4	0.0	0.0	15.0	26	6	0.0	0.0	1.5	0.1	0.0	0.0
CARAMEL SYRUP (SUGAR FREE) - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		173	41	0.0	0.0	10.2	0.4	0.0	0.0	20.0	35	8	0.0	0.0	2.0	0.1	0.0	0.0
Roasted Hazelnut Syrup																																					
ROASTED HAZELNUT SYRUP - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	YES	Hazelnut	1190	285	0.0	0.0	70.3	70.3	0.0	0.0	10.0	119	29	0.0	0.0	7.0	7.0	0.0	0.0
ROASTED HAZELNUT SYRUP - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	YES	Hazelnut	1190	285	0.0	0.0	70.3	70.3	0.0	0.0	15.0	179	43	0.0	0.0	10.5	10.5	0.0	0.0
ROASTED HAZELNUT SYRUP - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	YES	Hazelnut	1190	285	0.0	0.0	70.3	70.3	0.0	0.0	20.0	238	57	0.0	0.0	14.1	14.1	0.0	0.0
Cinnamon Syrup																																					
CINNAMON SYRUP - PRIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1362	320	0.0	0.0	80.1	80.1	0.0	0.0	10.0	136	32	0.0	0.0	8.0	8.0	0.0	0.0
CINNAMON SYRUP - MEDIO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1362	320	0.0	0.0	80.1	80.1	0.0	0.0	15.0	204	48	0.0	0.0	12.0	12.0	0.0	0.0

Product Description	Dietary Choices		Allergens														Nutrition per 100g							Nutrition per portion													
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)	Portion weight (g)	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugar (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															
CINNAMON SYRUP - MASSIMO	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		1362	320	0.0	0.0	80.1	80.1	0.0	0.0	20.0	272	64	0.0	0.0	16.0	16.0	0.0	0.0	
Whipping Cream																																					
WHIPPING CREAM	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		1568	381	40.3	25.5	2.7	2.7	2.0	0.1	35.0	549	133	14.1	8.9	0.9	0.9	0.7	0.0	
Chocolate Flake																																					
CHOCOLATE FLAKE	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		2242	537	31.0	19.0	56.0	55.5	8.1	0.3	8.0	179	43	2.5	1.5	4.5	4.4	0.6	0.0	
Marshmallow																																					
MARSHMALLOWS (3 PIECES)	NO	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N		1439	339	0.1	0.1	80.8	61.6	3.6	0.1	8.0	115	27	0.0	0.0	6.5	4.9	0.3	0.0	

Product Description	Dietary Choices		Allergens Present														Nutrition Per 100g/ml							Portion weight (g)	Nutrition Per Portion												
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	Energy (kJ)	Energy (kcal)	Fat (g)		Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
			Wheat Products	Rye Products	Barley Products	Oat Products																															
Crispy Truffle Crumb	YES	NO	YES	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	1791	427	18	5	61	34	5	0	2	36	9	0	0	1	1	0	0	
Dried Orange slice	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1760	417	1	0	85	63	7	0	5	88	21	0	0	4	3	0	0	
Belgian Chocolate sauce 15ml (primo and medio)	YES	YES	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	1430	339	5	3	63	56	3	0	15	215	51	1	1	9	8	0	0	
Black Cherry sauce 5ml (topping)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	688	162	0	0	40	38	0	0	5	34	8	0	0	2	2	0	0	
Black Cherry sauce 10ml (primo)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	688	162	0	0	40	38	0	0	10	69	16	0	0	4	4	0	0	
Black Cherry sauce 15ml (medio)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	688	162	0	0	40	38	0	0	15	103	24	0	0	6	6	0	0	
Red Shimmer Chocolate Curls	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	2474	596	44	27	43	41	0	0	2	49	12	1	1	1	1	0	0	
Gold Glitter Spray	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Gingerbread man	YES	NO	YES	N	N	N	C	YES	C	N	N	N	N	N	N	N	N	N	C	1845	439	14	6	72	27	6	1	4	72	17	1	0	3	1	0	0	
Chocolate Dusting	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1770	419	6	3	83	73	6	0	1	18	4	0	0	1	1	0	0	
Hot Chocolate Powder (primo)	YES	NO	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	1665	395	7	4	70	49	8	1	30	500	119	2	1	21	15	2	0	
Hot Chocolate Powder (medio)	YES	NO	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	1665	395	7	4	70	49	8	1	60	999	237	4	3	42	29	5	0	
Hot Chocolate Powder (massimo)	YES	NO	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	1665	395	7	4	70	49	8	1	80	1332	316	6	3	56	39	6	1	
Caramel Vermicelli	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1672	394	1	1	97	95	0	0	9	150	35	0	0	9	9	0	0	
Chai Syrup (primo)	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	690	162	0	0	40	37	0	0	10	69	16	0	0	4	4	0	0	
Chai Syrup (medio)	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	690	162	0	0	40	37	0	0	15	104	24	0	0	6	6	0	0	
Chai Syrup (massimo)	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	690	162	0	0	40	37	0	0	20	138	32	0	0	8	7	0	0	
Gomme Syrup (primo)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1433	337	0	0	84	84	0	0	10	143	34	0	0	8	8	0	0	
Gomme Syrup (medio)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1433	337	0	0	84	84	0	0	15	215	51	0	0	13	13	0	0	
Gomme Syrup (medio)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1433	337	0	0	84	84	0	0	20	287	67	0	0	17	17	0	0	
Peach Lemonade (primo)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1227	289	0	0	71	71	1	0	30	368	87	0	0	21	21	0	0	
Peach Lemonade (medio)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1227	289	0	0	71	71	1	0	45	552	130	0	0	32	32	0	0	
Costa Bonfire Spice Syrup (primo)	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	775	182	0	0	46	44	0	0	10	78	18	0	0	5	4	0	0	
Costa Bonfire Spice Syrup (medio)	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	775	182	0	0	46	44	0	0	15	116	27	0	0	7	7	0	0	
Costa Bonfire Spice Syrup (massimo)	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	775	182	0	0	46	44	0	0	20	155	36	0	0	9	9	0	0	
Caramelised Orange Syrup (primo)	YES	YES	N	N	N	N	C	N	C	N	N	N	C	N	N	N	N	N	C	1380	324	0	0	81	81	0	0	10	138	32	0	0	8	8	0	0	
Caramelised Orange Syrup (medio)	YES	YES	N	N	N	N	C	N	C	N	N	N	C	N	N	N	N	N	C	1380	324	0	0	81	81	0	0	15	207	49	0	0	12	12	0	0	
Caramelised Orange Syrup (massimo)	YES	YES	N	N	N	N	C	N	C	N	N	N	C	N	N	N	N	N	C	1380	324	0	0	81	81	0	0	20	276	65	0	0	16	16	0	0	
Salted Caramel Sauce	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	1449	346	5	3	75	59	2	0	10	145	35	0	0	7	6	0	0	
White Chocolate Sauce	YES	NO	N	N	N	N	YES	N	YES	N	N	N	N	N	N	N	N	N	N	1750	415	10	6	77	56	4	0	10	175	42	1	1	8	6	0	0	
Cinnamon powder	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	1053	255	3	1	26	2	4	0	2	21	5	0	0	1	0	0	0	
Mango and Passionfruit Base (no added sugar) (primo)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	278	66	0	0	15	14	1	0	30	83	20	0	0	4	4	0	0	
Mango and Passionfruit Base (no added sugar) (medio)	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	278	66	0	0	15	14	1	0	45	125	30	0	0	7	6	0	0	
Salted Caramel Sauce (primo)	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	1449	346	5	3	75	59	2	0	30	435	104	1	1	22	18	1	0	
Salted Caramel Sauce (medio)	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	1449	346	5	3	75	59	2	0	45	652	156	2	2	34	26	1	0	