

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day	Dietary Choices		Cereals Containing Gluten				Allergens Present												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
DRINK NAME																			
Cortado																			
Cortado	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cortado, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cortado, 2 sugars*	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cortado, 3 sugars*	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Espresso Macchiato																			
Espresso Macchiato	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Espresso Macchiato, 1 sugar*	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Espresso Macchiato, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Espresso Macchiato, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino (Regular)																			
Cappuccino	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, 2 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, 3 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte (Regular)																			
Latte	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, 2 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, 3 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte (Regular)																			
Vanilla Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha (Regular)																			
Mocha	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, 2 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, 3 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		Dietary Choices		Cereals Containing Gluten				Allergens Present											
DRINK NAME	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
Hot Chocolate (Regular)																			
Hot Chocolate	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White (Regular)																			
Flat White	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Flat White , Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano (Regular)																			
White Americano	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Americano, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Milk Cooler (Regular)																			
Milk Cooler	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Milk Cooler, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Milk Cooler, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Milk Cooler, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Tea																			
White Tea	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Tea, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Tea, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
White Tea, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N

Key and how to interpret the data

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances.

YES indicates that the drink contains that allergen

N indicates that the allergen is not part of the ingredients that make up the drink.

C indicates that the allergen is present at the manufacturing site/supply chain of the ingredient and our supplier believes there is a significant risk that this allergen could cross contaminate the food.

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day	Dietary Choices		Cereals Containing Gluten				Allergens Present												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
DRINK NAME																			
Cappuccino (Large)																			
Cappuccino	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Cappuccino, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte (Large)																			
Latte	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, 2 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, 3 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Latte, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte (Large)																			
Vanilla Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Vanilla Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha (Large)																			
Mocha	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Mocha, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate (Large)																			
Hot Chocolate	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hot Chocolate, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day	Dietary Choices		Cereals Containing Gluten				Allergens Present												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
DRINK NAME																			
Long White Americano (Large)																			
Long White Americano	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Long White Americano, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Milk (no flavour) (Regular)																			
Iced Milk (no flavour)	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Milk (no flavour), 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Milk (no flavour), 2 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Milk (no flavour), 3 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano (Regular)																			
Iced White Americano	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced White Americano, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino (Regular)																			
Iced Cappuccino	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Cappuccino, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte (Regular)																			
Iced Latte	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, Syrup*	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Latte, Syrup, 3 sugars*	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		Dietary Choices		Cereals Containing Gluten				Allergens Present											
DRINK NAME	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
Iced Vanilla Latte (Regular)																			
Iced Vanilla Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Vanilla Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Vanilla Latte 2 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Vanilla Latte, 3 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate (Regular)																			
Iced Chocolate	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Chocolate, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha (Regular)																			
Iced Mocha	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, Syrup *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, Syrup, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, Syrup, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Iced Mocha, Syrup, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N

Key and how to interpret the data

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances.

YES indicates that the drink contains that allergen

N indicates that the allergen is not part of the ingredients that make up the drink.

C indicates that the allergen is present at the manufacturing site/supply chain of the ingredient and our supplier believes there is a significant risk that this allergen could cross contaminate the food.

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		Dietary Choices		Cereals Containing Gluten				Allergens Present													
DRINK NAME	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products		
	Black Drinks (no milk)																				
	Espresso																				
	Espresso	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Espresso, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Espresso, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Espresso, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Ristretto																				
	Ristretto	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Ristretto, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Ristretto, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Ristretto, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano (Regular)																					
Black Americano	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, Syrup *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, Syrup, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, Syrup, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Americano, Syrup, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano (Large)																					
Long Black Americano	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, Syrup *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, Syrup, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, Syrup, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Long Black Americano, Syrup, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano (Large)																					
Iced Americano	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , Syrup *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , Syrup, 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , Syrup, 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Iced Americano , Syrup, 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Tea (Large)																					
Black Tea	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Tea , 1 sugar *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Tea , 2 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
Black Tea , 3 sugars *	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day	Dietary Choices		Cereals Containing Gluten				Allergens Present												
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products
DRINK NAME																			
Maple Hazel drinks 2026 LTO																			
Maple Hazel Latte (Regular)																			
Maple Hazel Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte, 1 sugar*	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte (Large)																			
Maple Hazel Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Iced Latte (Regular)																			
Maple Hazel Iced Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Iced Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Iced Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Iced Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate (Regular)																			
Maple Hazel Hot Chocolate *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate (Large)																			
Maple Hazel Hot Chocolate *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Maple Hazel Hot Chocolate, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme drinks 2026 LTO																			
Hazelnut Creme Latte (Regular)																			
Hazelnut Creme Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Crème Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Latte (Large)																			
Hazelnut Creme Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Iced Latte (Regular)																			
Hazelnut Creme Iced Latte *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Latte, 1 sugar *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Iced Latte, 2 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N
Hazelnut Creme Iced Latte, 3 sugars *	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N

*with added sweeteners

All Machines Allergen Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		Dietary Choices		Cereals Containing Gluten				Allergens Present														
DRINK NAME	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya Products	Egg Products	Milk Products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products			
	Optional Extras																					
White sugar sachet	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			
Brown sugar sachet	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			
Sugar flavour shot*	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			
Sweetener sachet	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			
Chocolate Flavoured Powder sachet	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N			
Syrup flavour shot 12oz (regular) drink*	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			
Syrup flavour shot to 16oz (Large) drink*	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

TYPICAL VALUES PER 100ml								
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Cortado								
Cortado	142	34	1.2	0.7	3.6	3.4	2.6	0.08
Cortado, 1 sugar *	174	41	1.2	0.7	5.6	5.1	2.5	0.08
Cortado, 2 sugars*	203	48	1.1	0.7	7.5	6.7	2.4	0.07
Cortado, 3 sugars*	229	54	1.1	0.7	9.3	8.2	2.3	0.07
Espresso Macchiato								
Espresso Macchiato	87	21	0.7	0.3	2.4	2.0	1.6	0.05
Espresso Macchiato, 1 sugar*	149	36	0.7	0.3	6.2	5.3	1.5	0.05
Espresso Macchiato, 2 sugars *	202	48	0.6	0.3	9.6	8.1	1.4	0.04
Espresso Macchiato, 3 sugars *	249	59	0.6	0.3	12.5	10.6	1.3	0.04
Cappuccino (Regular)								
Cappuccino	164	39	1.4	0.9	4.0	3.9	3.0	0.09
Cappuccino, 1 sugar *	181	43	1.4	0.9	5.1	4.8	2.9	0.09
Cappuccino, 2 sugar *	196	46	1.4	0.9	6.1	5.7	2.8	0.09
Cappuccino, 3 sugar *	211	50	1.3	0.8	7.1	6.5	2.8	0.09
Cappuccino, Syrup *	181	43	1.4	0.9	5.1	4.8	2.9	0.09
Cappuccino, Syrup, 1 sugar *	196	46	1.4	0.9	6.1	5.7	2.8	0.09
Cappuccino, Syrup, 2 sugars *	211	50	1.3	0.8	7.1	6.5	2.8	0.09
Cappuccino, Syrup, 3 sugars *	225	53	1.3	0.8	8.1	7.3	2.7	0.08
Latte (Regular)								
Latte	174	41	1.5	1.0	4.3	4.2	3.1	0.10
Latte, 1 sugar *	186	44	1.5	0.9	5.0	4.8	3.1	0.10
Latte, 2 sugar *	197	47	1.5	0.9	5.8	5.4	3.0	0.09
Latte, 3 sugar *	207	49	1.5	0.9	6.5	6.0	3.0	0.09
Latte, Syrup *	186	44	1.5	0.9	5.0	4.8	3.1	0.10
Latte, Syrup, 1 sugar *	197	47	1.5	0.9	5.8	5.4	3.0	0.09
Latte, Syrup, 2 sugars *	207	49	1.5	0.9	6.5	6.0	3.0	0.09
Latte, Syrup, 3 sugars *	218	51	1.4	0.9	7.2	6.6	3.0	0.09
Vanilla Latte (Regular)								
Vanilla Latte *	185	44	1.5	0.9	5.0	4.8	3.1	0.09
Vanilla Latte, 1 sugar *	196	46	1.5	0.9	5.7	5.4	3.0	0.09
Vanilla Latte, 2 sugars *	206	49	1.4	0.9	6.4	6.0	3.0	0.09
Vanilla Latte, 3 sugars *	217	51	1.4	0.9	7.1	6.6	2.9	0.09
Mocha (Regular)								
Mocha	238	56	1.1	0.7	9.2	8.1	2.4	0.09
Mocha, 1 sugar *	247	58	1.1	0.7	9.8	8.6	2.3	0.09
Mocha, 2 sugar *	256	61	1.1	0.7	10.4	9.1	2.3	0.08
Mocha, 3 sugar *	265	63	1.1	0.7	11.0	9.6	2.3	0.08
Mocha, Syrup *	247	58	1.1	0.7	9.8	8.6	2.3	0.09
Mocha, Syrup, 1 sugar *	256	61	1.1	0.7	10.4	9.1	2.3	0.08
Mocha, Syrup, 2 sugars *	265	63	1.1	0.7	11.0	9.6	2.3	0.08
Mocha, Syrup, 3 sugars *	274	65	1.1	0.6	11.6	10.1	2.2	0.08

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
171	41	1.5	0.9	4.3	4.0	3.1	0.10
217	52	1.5	0.9	7.0	6.4	3.1	0.10
263	63	1.5	0.9	9.8	8.7	3.1	0.10
310	74	1.5	0.9	12.5	11.1	3.1	0.10
55	14	0.5	0.2	1.5	1.2	1.0	0.03
101	24	0.5	0.2	4.2	3.6	1.0	0.03
148	35	0.5	0.2	7.0	5.9	1.0	0.03
194	46	0.5	0.2	9.7	8.3	1.0	0.03
383	91	3.3	2.1	9.4	9.2	6.9	0.21
430	102	3.3	2.1	12.2	11.5	6.9	0.21
476	113	3.3	2.1	14.9	13.9	6.9	0.21
522	124	3.3	2.1	17.7	16.2	6.9	0.21
430	102	3.3	2.1	12.2	11.5	6.9	0.21
476	113	3.3	2.1	14.9	13.9	6.9	0.21
522	124	3.3	2.1	17.7	16.2	6.9	0.21
569	135	3.3	2.1	20.4	18.6	6.9	0.21
572	135	5.0	3.1	14.0	13.7	10.3	0.32
618	146	5.0	3.1	16.7	16.0	10.3	0.32
664	157	5.0	3.1	19.5	18.4	10.3	0.32
711	168	5.0	3.1	22.2	20.7	10.3	0.32
618	146	5.0	3.1	16.7	16.0	10.3	0.32
664	157	5.0	3.1	19.5	18.4	10.3	0.32
711	168	5.0	3.1	22.2	20.7	10.3	0.32
757	179	5.0	3.1	25.0	23.1	10.3	0.32
619	147	5.0	3.1	16.7	16.0	10.3	0.32
665	157	5.0	3.1	19.5	18.4	10.3	0.32
711	168	5.0	3.1	22.2	20.7	10.3	0.32
758	179	5.0	3.1	25.0	23.1	10.3	0.32
862	204	4.1	2.5	33.3	29.4	8.6	0.31
909	215	4.1	2.5	36.0	31.8	8.6	0.31
955	226	4.1	2.5	38.8	34.1	8.6	0.31
1002	237	4.1	2.5	41.5	36.5	8.6	0.31
909	215	4.1	2.5	36.0	31.8	8.6	0.31
955	226	4.1	2.5	38.8	34.1	8.6	0.31
1002	237	4.1	2.5	41.5	36.5	8.6	0.31
1048	248	4.1	2.5	44.3	38.8	8.6	0.31

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day	TYPICAL VALUES PER 100ml							
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Hot Chocolate (Regular)								
Hot Chocolate	232	55	1.2	0.8	8.5	7.6	2.5	0.09
Hot Chocolate, 1 sugar *	242	57	1.2	0.8	9.2	8.2	2.5	0.09
Hot Chocolate, 2 sugars *	263	62	1.2	0.7	10.5	9.4	2.4	0.09
Hot Chocolate, 3 sugars *	253	60	1.2	0.7	9.9	8.8	2.5	0.09
Hot Chocolate, Syrup *	242	57	1.2	0.8	9.2	8.2	2.5	0.09
Hot Chocolate, Syrup, 1 sugar *	253	60	1.2	0.7	9.9	8.8	2.5	0.09
Hot Chocolate, Syrup, 2 sugars *	263	62	1.2	0.7	10.5	9.4	2.4	0.09
Hot Chocolate, Syrup, 3 sugars *	273	64	1.1	0.7	11.2	9.9	2.4	0.08
Flat White (Regular)								
Flat White	160	38	1.4	0.9	3.9	3.8	2.9	0.09
Flat White , 1 sugar *	173	41	1.4	0.8	4.8	4.6	2.8	0.09
Flat White , 2 sugars *	186	44	1.3	0.8	5.7	5.3	2.8	0.09
Flat White , 3 sugars *	198	47	1.3	0.8	6.5	6.0	2.7	0.08
Flat White , Syrup *	173	41	1.4	0.8	4.8	4.6	2.8	0.09
Flat White , Syrup, 1 sugar *	186	44	1.3	0.8	5.7	5.3	2.8	0.09
Flat White , Syrup, 2 sugars *	198	47	1.3	0.8	6.5	6.0	2.7	0.08
Flat White , Syrup, 3 sugars *	210	50	1.3	0.8	7.3	6.7	2.7	0.08
White Americano (Regular)								
White Americano	86	20	0.7	0.5	2.1	2.0	1.5	0.05
White Americano, 1 sugar *	99	23	0.7	0.4	2.9	2.7	1.5	0.05
White Americano, 2 sugars *	111	26	0.7	0.4	3.7	3.4	1.5	0.05
White Americano, 3 sugars *	123	29	0.7	0.4	4.5	4.1	1.5	0.05
White Americano, Syrup *	99	23	0.7	0.4	2.9	2.7	1.5	0.05
White Americano, Syrup, 1 sugar *	111	26	0.7	0.4	3.7	3.4	1.5	0.05
White Americano, Syrup, 2 sugars *	123	29	0.7	0.4	4.5	4.1	1.5	0.05
White Americano, Syrup, 3 sugars *	135	32	0.7	0.4	5.2	4.7	1.4	0.04
Milk Cooler (Regular)								
Milk Cooler	213	50	1.7	1.1	5.9	5.7	3.4	0.10
Milk Cooler, 1sugar *	230	54	1.6	1.0	7.1	6.7	3.3	0.10
Milk Cooler, 2 sugars *	246	58	1.6	1.0	8.2	7.7	3.3	0.09
Milk Cooler, 3 sugars *	262	62	1.5	1.0	9.3	8.5	3.2	0.09
White Tea								
White Tea	26	6	0.2	0.1	0.9	0.7	0.4	0.01
White Tea, 1 sugar *	41	10	0.2	0.1	1.7	1.4	0.4	0.01
White Tea, 2 sugars *	54	13	0.2	0.1	2.5	2.1	0.4	0.01
White Tea, 3 sugars *	68	16	0.2	0.1	3.3	2.8	0.4	0.01

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
742	175	3.9	2.5	27.1	24.4	8.2	0.29
788	186	3.9	2.5	29.8	26.7	8.2	0.29
881	208	3.9	2.5	35.3	31.4	8.2	0.29
834	197	3.9	2.5	32.6	29.1	8.2	0.29
788	186	3.9	2.5	29.8	26.7	8.2	0.29
834	197	3.9	2.5	32.6	29.1	8.2	0.29
881	208	3.9	2.5	35.3	31.4	8.2	0.29
927	219	3.9	2.5	38	33.7	8.2	0.29
452	108	3.9	2.4	11.2	10.8	8.1	0.25
498	119	3.9	2.4	14.0	13.2	8.1	0.25
545	130	3.9	2.4	16.7	15.5	8.1	0.25
591	141	3.9	2.4	19.5	17.9	8.1	0.25
498	119	3.9	2.4	14.0	13.2	8.1	0.25
545	130	3.9	2.4	16.7	15.5	8.1	0.25
591	141	3.9	2.4	19.5	17.9	8.1	0.25
637	152	3.9	2.4	22.2	20.2	8.1	0.25
272	65	2.4	1.4	6.7	6.5	4.9	0.15
318	76	2.4	1.4	9.5	8.8	4.9	0.15
365	87	2.4	1.4	12.2	11.2	4.9	0.15
411	97	2.4	1.4	15.0	13.5	4.9	0.15
318	76	2.4	1.4	9.5	8.8	4.9	0.15
365	87	2.4	1.4	12.2	11.2	4.9	0.15
411	97	2.4	1.4	15.0	13.5	4.9	0.15
458	108	2.4	1.4	17.7	15.9	4.9	0.15
436	103	3.4	2.2	12.2	11.8	7.0	0.20
483	114	3.4	2.2	14.9	14.1	7.0	0.20
529	125	3.4	2.2	17.7	16.5	7.0	0.20
575	136	3.4	2.2	20.4	18.8	7.0	0.20
83	20	0.7	0.4	2.7	2.0	1.4	0.04
129	31	0.7	0.4	5.5	4.4	1.4	0.04
176	42	0.7	0.4	8.2	6.7	1.4	0.04
222	53	0.7	0.4	11.0	9.1	1.4	0.04

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

TYPICAL VALUES PER 100ml								
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Cappuccino (Large)								
Cappuccino	165	39	1.4	0.9	4.1	3.9	3.0	0.09
Cappuccino, 1 sugar *	177	42	1.4	0.9	4.8	4.6	2.9	0.09
Cappuccino, 2 sugars *	188	45	1.4	0.9	5.6	5.3	2.9	0.09
Cappuccino, 3 sugars *	200	47	1.4	0.9	6.4	5.9	2.8	0.09
Cappuccino, Syrup *	177	42	1.4	0.9	4.8	4.6	2.9	0.09
Cappuccino, Syrup, 1 sugar *	188	45	1.4	0.9	5.6	5.3	2.9	0.09
Cappuccino, Syrup, 2 sugars *	200	47	1.4	0.9	6.4	5.9	2.8	0.09
Cappuccino, Syrup, 3 sugars *	210	50	1.3	0.8	7.1	6.5	2.8	0.09
Latte (Large)								
Latte	178	42	1.6	1	4.3	4.3	3.2	0.1
Latte, 1 sugar *	187	44	1.5	1	5	4.8	3.2	0.1
Latte, 2 sugar *	196	46	1.5	1	5.6	5.3	3.1	0.1
Latte, 3 sugar *	205	48	1.5	0.9	6.2	5.8	3.1	0.1
Latte, Syrup *	190	45	1.5	1	5.1	5	3.1	0.1
Latte, Syrup, 1 sugar *	199	47	1.5	1	5.7	5.5	3.1	0.1
Latte, Syrup, 2 sugars *	208	49	1.5	0.9	6.3	6	3.1	0.09
Latte, Syrup, 3 sugars *	216	51	1.5	0.9	6.9	6.4	3	0.09
Vanilla Latte (Large)								
Vanilla Latte *	192	45	1.5	1.0	5.1	5.0	3.2	0.10
Vanilla Latte, 1 sugar *	200	47	1.5	1.0	5.7	5.4	3.2	0.10
Vanilla Latte, 2 sugars *	208	49	1.5	1.0	6.3	5.9	3.1	0.10
Vanilla Latte, 3 sugars *	216	51	1.5	0.9	6.8	6.4	3.1	0.09
Mocha (Large)								
Mocha	245	58	1.3	0.8	8.8	7.9	2.8	0.10
Mocha, 1 sugar *	251	59	1.3	0.8	9.2	8.2	2.8	0.10
Mocha, 2 sugars *	257	61	1.3	0.8	9.6	8.6	2.8	0.10
Mocha, 3 sugars *	263	62	1.3	0.8	10.0	8.9	2.7	0.10
Mocha, Syrup *	253	60	1.3	0.8	9.3	8.4	2.8	0.10
Mocha, Syrup, 1 sugar *	259	61	1.3	0.8	9.7	8.7	2.8	0.10
Mocha, Syrup, 2 sugars *	265	63	1.3	0.8	10.2	9.0	2.7	0.10
Mocha, Syrup, 3 sugars *	271	64	1.3	0.8	10.6	9.4	2.7	0.09
Hot Chocolate (Large)								
Hot Chocolate	265	62	1.4	0.9	9.7	8.7	2.9	0.10
Hot Chocolate, 1 sugar *	273	64	1.4	0.9	10.3	9.2	2.9	0.10
Hot Chocolate, 2 sugars *	282	66	1.4	0.9	10.8	9.7	2.8	0.10
Hot Chocolate, 3 sugars *	290	68	1.3	0.8	11.4	10.2	2.8	0.10
Hot Chocolate, Syrup *	276	65	1.4	0.9	10.4	9.4	2.9	0.10
Hot Chocolate, Syrup, 1 sugar *	284	67	1.3	0.8	11.0	9.8	2.8	0.10
Hot Chocolate, Syrup, 2 sugars *	293	69	1.3	0.8	11.6	10.3	2.8	0.10
Hot Chocolate, Syrup, 3 sugars *	301	71	1.3	0.8	12.1	10.8	2.8	0.10

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
521	124	4.5	2.8	12.8	12.5	9.4	0.29
568	135	4.5	2.8	15.6	14.8	9.4	0.29
614	146	4.5	2.8	18.3	17.2	9.4	0.29
660	156	4.5	2.8	21.1	19.5	9.4	0.29
568	135	4.5	2.8	15.6	14.8	9.4	0.29
614	146	4.5	2.8	18.3	17.2	9.4	0.29
660	156	4.5	2.8	21.1	19.5	9.4	0.29
707	167	4.5	2.8	23.8	21.9	9.4	0.29
718	170	6.2	4	17.5	17.2	12.9	0.4
764	181	6.2	4	20.2	19.6	12.9	0.4
811	192	6.2	4	23	21.9	12.9	0.4
857	203	6.2	4	25.7	24.3	12.9	0.4
779	184	6.2	4	21.1	20.3	12.9	0.4
825	195	6.2	4	23.8	22.6	12.9	0.4
872	206	6.2	4	26.6	25	12.9	0.4
918	217	6.2	4	29.3	27.3	12.9	0.4
829	196	6.7	4.2	22.3	21.5	13.8	0.42
875	207	6.7	4.2	25.0	23.8	13.8	0.42
921	218	6.7	4.2	27.8	26.2	13.8	0.42
968	229	6.7	4.2	30.5	28.5	13.8	0.42
1327	314	7.3	4.5	47.6	42.8	15.2	0.53
1373	325	7.3	4.5	50.4	45.1	15.2	0.53
1420	336	7.3	4.5	53.1	47.5	15.2	0.53
1466	347	7.3	4.5	55.9	49.8	15.2	0.53
1388	328	7.3	4.5	51.2	45.8	15.2	0.53
1435	339	7.3	4.5	54.0	48.2	15.2	0.53
1481	350	7.3	4.5	56.7	50.5	15.2	0.53
1527	361	7.3	4.5	59.5	52.9	15.2	0.53
992	234	5.2	3.3	36.2	32.6	10.9	0.38
1038	245	5.2	3.3	39.0	35.0	10.9	0.38
1085	256	5.2	3.3	41.7	37.3	10.9	0.38
1131	267	5.2	3.3	44.4	39.6	10.9	0.38
1053	248	5.2	3.3	39.8	35.7	10.9	0.38
1100	259	5.2	3.3	42.5	38.0	10.9	0.38
1146	270	5.2	3.3	45.3	40.3	10.9	0.38
1192	281	5.2	3.3	48.0	42.7	10.9	0.38

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

TYPICAL VALUES PER 100ml								
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Long White Americano (Large)								
Long White Americano	71	17	0.6	0.4	1.8	1.7	1.3	0.04
Long White Americano, 1 sugar *	82	20	0.6	0.4	2.4	2.3	1.3	0.04
Long White Americano, 2 sugars *	92	23	0.6	0.4	3.1	2.8	1.2	0.04
Long White Americano, 3 sugars *	103	25	0.6	0.4	3.7	3.4	1.2	0.04
Long White Americano, Syrup *	82	20	0.6	0.4	2.4	2.3	1.3	0.04
Long White Americano, Syrup, 1 sugar *	92	23	0.6	0.4	3.1	2.8	1.2	0.04
Long White Americano, Syrup, 2 sugars *	103	25	0.6	0.4	3.7	3.4	1.2	0.04
Long White Americano, Syrup, 3 sugars *	113	28	0.6	0.4	4.4	3.9	1.2	0.04
Iced Milk (no flavour) (Regular)								
Iced Milk (no flavour)	47	11	0.4	0.3	1.1	1.1	0.8	0.03
Iced Milk (no flavour), 1 sugar *	60	14	0.4	0.3	2.0	1.8	0.8	0.03
Iced Milk (no flavour), 2 sugar *	73	17	0.4	0.3	2.7	2.5	0.8	0.03
Iced Milk (no flavour), 3 sugar *	86	20	0.4	0.3	3.5	3.1	0.8	0.03
Iced White Americano (Regular)								
Iced White Americano	23	5	0.2	0.1	0.6	0.5	0.4	0.01
Iced White Americano, 1 sugar *	31	8	0.2	0.1	1.1	1.0	0.4	0.01
Iced White Americano, 2 sugars *	40	10	0.2	0.1	1.6	1.4	0.4	0.01
Iced White Americano, 3 sugars *	49	12	0.2	0.1	2.1	1.9	0.4	0.01
Iced White Americano, Syrup *	34	8	0.2	0.1	1.3	1.1	0.4	0.01
Iced White Americano, Syrup, 1 sugar *	43	10	0.2	0.1	1.8	1.6	0.4	0.01
Iced White Americano, Syrup, 2 sugars *	51	12	0.2	0.1	2.3	2.0	0.4	0.01
Iced White Americano, Syrup, 3 sugars *	60	14	0.2	0.1	2.8	2.4	0.4	0.01
Iced Cappuccino (Regular)								
Iced Cappuccino	60	14	0.5	0.3	1.5	1.4	1.1	0.03
Iced Cappuccino, 1 sugar *	71	17	0.5	0.3	2.1	2.0	1.1	0.03
Iced Cappuccino, 2 sugars *	81	19	0.5	0.3	2.8	2.5	1.1	0.03
Iced Cappuccino, 3 sugars *	91	22	0.5	0.3	3.4	3.0	1.0	0.03
Iced Cappuccino, Syrup *	74	18	0.5	0.3	2.3	2.2	1.1	0.03
Iced Cappuccino, Syrup, 1 sugar *	84	20	0.5	0.3	2.9	2.7	1.1	0.03
Iced Cappuccino, Syrup, 2 sugars *	94	22	0.5	0.3	3.5	3.2	1.0	0.03
Iced Cappuccino, Syrup, 3 sugars *	103	25	0.5	0.3	4.1	3.7	1.0	0.03
Iced Latte (Regular)								
Iced Latte	60	14	0.5	0.3	1.5	1.4	1.1	0.03
Iced Latte, 1 sugar *	71	17	0.5	0.3	2.1	2.0	1.1	0.03
Iced Latte, 2 sugars *	81	19	0.5	0.3	2.8	2.5	1.1	0.03
Iced Latte, 3 sugars *	91	22	0.5	0.3	3.4	3.0	1.0	0.03
Iced Latte, Syrup*	74	18	0.5	0.3	2.3	2.2	1.1	0.03
Iced Latte, Syrup, 1 sugar *	84	20	0.5	0.3	2.9	2.7	1.1	0.03
Iced Latte, Syrup, 2 sugars *	94	22	0.5	0.3	3.5	3.2	1.0	0.03
Iced Latte, Syrup, 3 sugars*	103	25	0.5	0.3	4.1	3.7	1.0	0.03

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
278	70	2.4	1.4	6.9	6.6	5.0	0.16
324	81	2.4	1.4	9.7	8.9	5.0	0.16
370	92	2.4	1.4	12.4	11.3	5.0	0.16
417	103	2.4	1.4	15.2	13.6	5.0	0.16
324	81	2.4	1.4	9.7	8.9	5.0	0.16
370	92	2.4	1.4	12.4	11.3	5.0	0.16
417	103	2.4	1.4	15.2	13.6	5.0	0.16
463	114	2.4	1.4	17.9	16.0	5.0	0.16
156	37	1.4	0.9	3.8	3.8	2.8	0.09
202	48	1.4	0.9	6.6	6.2	2.8	0.09
249	59	1.4	0.9	9.3	8.5	2.8	0.09
295	70	1.4	0.9	12.1	10.9	2.8	0.09
114	28	1.0	0.6	2.9	2.7	2.1	0.05
160	39	1.0	0.6	5.7	5.1	2.1	0.05
207	50	1.0	0.6	8.4	7.4	2.1	0.05
253	61	1.0	0.6	11.2	9.8	2.1	0.05
175	42	1.0	0.6	6.5	5.8	2.1	0.05
222	53	1.0	0.6	9.2	8.1	2.1	0.05
268	64	1.0	0.6	12.0	10.5	2.1	0.05
314	75	1.0	0.6	14.7	12.8	2.1	0.05
251	60	2.2	1.3	6.2	6.0	4.5	0.13
297	71	2.2	1.3	9.0	8.4	4.5	0.13
344	82	2.2	1.3	11.7	10.7	4.5	0.13
390	93	2.2	1.3	14.5	13.1	4.5	0.13
312	74	2.2	1.3	9.8	9.1	4.5	0.13
359	85	2.2	1.3	12.5	11.4	4.5	0.13
405	96	2.2	1.3	15.3	13.8	4.5	0.13
451	107	2.2	1.3	18.0	16.1	4.5	0.13
251	60	2.2	1.3	6.2	6.0	4.5	0.13
297	71	2.2	1.3	9.0	8.4	4.5	0.13
344	82	2.2	1.3	11.7	10.7	4.5	0.13
390	93	2.2	1.3	14.5	13.1	4.5	0.13
312	74	2.2	1.3	9.8	9.1	4.5	0.13
359	85	2.2	1.3	12.5	11.4	4.5	0.13
405	96	2.2	1.3	15.3	13.8	4.5	0.13
451	107	2.2	1.3	18.0	16.1	4.5	0.13

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		TYPICAL VALUES PER 100ml						
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Iced Vanilla Latte (Regular)								
Iced Vanilla Latte *	74	18	0.5	0.3	2.3	2.1	1.1	0.03
Iced Vanilla Latte, 1 sugar *	84	20	0.5	0.3	2.9	2.7	1.1	0.03
Iced Vanilla Latte 2 sugar *	94	22	0.5	0.3	3.5	3.2	1.0	0.03
Iced Vanilla Latte, 3 sugar *	103	24	0.5	0.3	4.1	3.7	1.0	0.03
Iced Chocolate (Regular)								
Iced Chocolate	137	32	0.6	0.4	5.3	4.7	1.4	0.05
Iced Chocolate, 1 sugar *	146	34	0.6	0.4	5.8	5.2	1.3	0.05
Iced Chocolate, 2 sugars *	154	36	0.6	0.4	6.3	5.6	1.3	0.05
Iced Chocolate, 3 sugars *	162	38	0.6	0.4	6.8	6.0	1.3	0.05
Iced Chocolate, Syrup *	146	34	0.6	0.4	5.8	5.2	1.3	0.05
Iced Chocolate, Syrup, 1 sugar *	154	36	0.6	0.4	6.3	5.6	1.3	0.05
Iced Chocolate, Syrup, 2 sugars *	162	38	0.6	0.4	6.8	6.0	1.3	0.05
Iced Chocolate, Syrup, 3 sugars *	170	40	0.6	0.4	7.3	6.5	1.3	0.05
Iced Mocha (Regular)								
Iced Mocha	129	30	0.6	0.4	4.9	4.4	1.3	0.05
Iced Mocha, 1 sugar *	136	32	0.6	0.4	5.4	4.8	1.3	0.05
Iced Mocha, 2 sugars *	144	34	0.6	0.4	5.9	5.2	1.3	0.05
Iced Mocha, 3 sugars *	151	36	0.6	0.4	6.4	5.6	1.3	0.05
Iced Mocha, Syrup *	136	32	0.6	0.4	5.4	4.8	1.3	0.05
Iced Mocha, Syrup, 1 sugar *	144	34	0.6	0.4	5.9	5.2	1.3	0.05
Iced Mocha, Syrup, 2 sugars *	151	36	0.6	0.4	6.4	5.6	1.3	0.05
Iced Mocha, Syrup, 3 sugars *	159	38	0.6	0.4	6.8	6.0	1.3	0.05

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
312	74	2.2	1.3	9.8	9.0	4.5	0.13
358	85	2.2	1.3	12.6	11.4	4.5	0.13
405	96	2.2	1.3	15.3	13.7	4.5	0.13
451	107	2.2	1.3	18.1	16.1	4.5	0.13
640	151	3.0	1.9	24.7	22.0	6.3	0.23
687	162	3.0	1.9	27.4	24.3	6.3	0.23
733	173	3.0	1.9	30.2	26.7	6.3	0.23
779	184	3.0	1.9	32.9	29.0	6.3	0.23
687	162	3.0	1.9	27.4	24.3	6.3	0.23
733	173	3.0	1.9	30.2	26.7	6.3	0.23
779	184	3.0	1.9	32.9	29.0	6.3	0.23
826	195	3.0	1.9	35.7	31.4	6.3	0.23
657	156	3.1	1.9	25.3	22.3	6.6	0.24
703	166	3.1	1.9	28.0	24.6	6.6	0.24
750	177	3.1	1.9	30.8	27.0	6.6	0.24
796	188	3.1	1.9	33.5	29.3	6.6	0.24
703	166	3.1	1.9	28.0	24.6	6.6	0.24
750	177	3.1	1.9	30.8	27.0	6.6	0.24
796	188	3.1	1.9	33.5	29.3	6.6	0.24
842	199	3.1	1.9	36.3	31.7	6.6	0.24

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day	TYPICAL VALUES PER 100ml							
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Black Drinks (no milk)								
Espresso								
Espresso	37	10	0.3		1.3	0.7	0.7	0.03
Espresso, 1 sugar *	130	32	0.3		6.9	5.5	0.6	0.02
Espresso, 2 sugars *	205	49	0.2		11.4	9.4	0.6	0.02
Espresso, 3 sugars *	267	64	0.2		15.2	12.7	0.5	0.02
Ristretto								
Ristretto	37	10	0.3		1.3	0.7	0.7	0.03
Ristretto, 1 sugar *	136	33	0.2		7.2	5.9	0.7	0.02
Ristretto, 2 sugars *	215	52	0.2		12.0	10.0	0.6	0.02
Ristretto, 3 sugars *	280	67	0.2		15.9	13.4	0.5	0.02
Black Americano (Regular)								
Black Americano	6	2	0.1		0.2	0.1	0.1	0.05
Black Americano, 1 sugar *	20	5	0.1		1.1	0.8	0.1	0.05
Black Americano, 2 sugars *	34	8	0.1		1.9	1.5	0.1	0.05
Black Americano, 3 sugars *	47	12	0.1		2.7	2.2	0.1	0.05
Black Americano, Syrup *	20	5	0.1		1.1	0.8	0.1	0.05
Black Americano, Syrup, 1 sugar *	34	8	0.1		1.9	1.5	0.1	0.05
Black Americano, Syrup, 2 sugars *	47	12	0.1		2.7	2.2	0.1	0.05
Black Americano, Syrup, 3 sugars *	60	15	0.1		3.4	2.9	0.1	0.04
Long Black Americano (Large)								
Long Black Americano	7	2	0.1		0.2	0.1	0.1	
Long Black Americano, 1 sugar *	20	5	0.1		1.0	0.8	0.1	0.01
Long Black Americano, 2 sugars *	32	8	0.1		1.7	1.4	0.1	0.01
Long Black Americano, 3 sugars *	43	10	0.1		2.4	2.0	0.1	0.01
Long Black Americano, Syrup *	23	6	0.1		1.2	1.0	0.1	0.01
Long Black Americano, Syrup, 1 sugar *	35	9	0.1		1.9	1.6	0.1	0.01
Long Black Americano, Syrup, 2 sugars *	47	11	0.1		2.6	2.2	0.1	0.01
Long Black Americano, Syrup, 3 sugars *	59	14	0.1		3.3	2.7	0.1	0.01
Iced Americano (Large)								
Iced Americano	4	1			0.1	0.1	0.1	
Iced Americano , 1 sugar *	15	4			0.8	0.6	0.1	
Iced Americano , 2 sugars *	26	6			1.4	1.2	0.1	
Iced Americano , 3 sugars *	36	9			2.0	1.7	0.1	
Iced Americano , Syrup *	18	5			1.0	0.8	0.1	
Iced Americano , Syrup, 1 sugar *	29	7			1.6	1.3	0.1	
Iced Americano , Syrup, 2 sugars *	39	9			2.2	1.8	0.1	
Iced Americano , Syrup, 3 sugars *	49	12			2.8	2.4	0.1	
Black Tea (Large)								
Black Tea	2	1			0.3	0.1		
Black Tea , 1 sugar *	16	4			1.1	0.8		
Black Tea , 2 sugars *	31	7			2.0	1.5		
Black Tea , 3 sugars *	44	11			2.8	2.2		

*with added sweeteners

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
16	4	0.1		0.6	0.3	0.3	0.01
62	15	0.1		3.3	2.7	0.3	0.01
109	26	0.1		6.1	5.0	0.3	0.01
155	37	0.1		8.8	7.4	0.3	0.01
15	4	0.1		0.5	0.3	0.3	0.01
61	15	0.1		3.3	2.7	0.3	0.01
108	26	0.1		6.0	5.0	0.3	0.01
154	37	0.1		8.8	7.4	0.3	0.01
20	6	0.2		0.7	0.4	0.4	0.17
66	17	0.2		3.5	2.8	0.4	0.17
113	28	0.2		6.2	5.1	0.4	0.17
159	39	0.2		9.0	7.5	0.4	0.17
66	17	0.2		3.5	2.8	0.4	0.17
113	28	0.2		6.2	5.1	0.4	0.17
159	39	0.2		9.0	7.5	0.4	0.17
205	50	0.2		11.7	9.8	0.4	0.17
26	7	0.2		0.9	0.5	0.5	0.02
72	18	0.2		3.7	2.9	0.5	0.02
119	29	0.2		6.4	5.2	0.5	0.02
165	40	0.2		9.2	7.6	0.5	0.02
87	21	0.2		4.5	3.6	0.5	0.02
134	32	0.2		7.2	5.9	0.5	0.02
180	43	0.2		10.0	8.3	0.5	0.02
226	54	0.2		12.7	10.6	0.5	0.02
17	5	0.1		0.6	0.3	0.3	
63	16	0.1		3.4	2.7	0.3	
110	27	0.1		6.1	5.0	0.3	
156	38	0.1		8.9	7.4	0.3	
78	19	0.1		4.2	3.4	0.3	
125	30	0.1		6.9	5.7	0.3	
171	41	0.1		9.7	8.1	0.3	
217	52	0.1		12.4	10.4	0.3	
5	2			0.8	0.2		
51	13			3.6	2.6		
98	24			6.3	4.9		
144	35			9.1	7.3		

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		TYPICAL VALUES PER 100ml						
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
Maple Hazel drinks 2026 LTO								
Maple Hazel Latte (Regular)								
Maple Hazel Latte *	201	47	1.5	0.9	5.9	5.4	3.1	0.1
Maple Hazel Latte, 1 sugar*	211	50	1.5	0.9	6.6	6	3	0.1
Maple Hazel Latte, 2 sugars *	221	52	1.4	0.9	7.3	6.6	3	0.1
Maple Hazel Latte, 3 sugars *	231	55	1.4	0.9	8	7.2	2.9	0.1
Maple Hazel Latte (Large)								
Maple Hazel Latte *	209	49	1.5	0.9	6.3	5.7	3.1	0.1
Maple Hazel Latte, 1 sugar *	275	51	1.5	0.9	6.9	6.2	3.1	0.1
Maple Hazel Latte, 2 sugars *	282	53	1.5	0.9	7.5	6.7	3	0.1
Maple Hazel Latte, 3 sugars *	290	55	1.5	0.9	8	7.2	3	0.1
Maple Hazel Iced Latte (Regular)								
Maple Hazel Iced Latte *	150	35	1	0.6	4.9	4.3	2.1	0.1
Maple Hazel Iced Latte, 1 sugar *	269	38	1	0.6	5.4	4.8	2	0.1
Maple Hazel Iced Latte, 2 sugars *	276	40	1	0.6	6	5.3	2	0.1
Maple Hazel Iced Latte, 3 sugars *	283	42	1	0.6	6.6	5.7	2	0.1
Maple Hazel Hot Chocolate (Regular)								
Maple Hazel Hot Chocolate *	292	69	1.4	0.8	11.4	10	2.8	0.1
Maple Hazel Hot Chocolate, 1 sugar *	303	71	1.3	0.8	12.2	10.6	2.8	0.1
Maple Hazel Hot Chocolate, 2 sugars *	313	74	1.3	0.8	12.9	11.2	2.8	0.1
Maple Hazel Hot Chocolate, 3 sugars *	324	76	1.3	0.8	13.6	11.8	2.7	0.1
Maple Hazel Hot Chocolate (Large)								
Maple Hazel Hot Chocolate *	299	71	1.3	0.8	11.9	10.3	2.8	0.1
Maple Hazel Hot Chocolate, 1 sugar *	307	73	1.3	0.8	12.5	10.8	2.8	0.1
Maple Hazel Hot Chocolate, 2 sugars *	315	74	1.3	0.8	13	11.3	2.7	0.1
Maple Hazel Hot Chocolate, 3 sugars *	323	76	1.3	0.8	13.5	11.7	2.7	0.1
Hazelnut Creme drinks 2026 LTO								
Hazelnut Creme Latte (Regular)								
Hazelnut Creme Latte *	195	46	1.5	0.9	5.6	5.5	3	0.09
Hazelnut Crème Latte, 1 sugar *	206	49	1.4	0.9	6.3	6.1	3	0.09
Hazelnut Creme Latte, 2 sugars *	216	51	1.4	0.9	7	6.7	2.9	0.09
Hazelnut Creme Latte, 3 sugars *	226	54	1.4	0.9	7.7	7.3	2.9	0.09
Hazelnut Creme Latte (Large)								
Hazelnut Creme Latte *	201	48	1.5	0.9	5.8	5.7	3.1	0.1
Hazelnut Creme, 1 sugar *	210	50	1.5	0.9	6.4	6.2	3	0.09
Hazelnut Creme, 2 sugars *	218	52	1.5	0.9	7	6.7	3	0.09
Hazelnut Creme, 3 sugars *	226	53	1.4	0.9	7.5	7.2	3	0.09
Hazelnut Creme Iced Latte (Regular)								
Hazelnut Creme Iced Latte *	134	32	1	0.6	4	3.9	2	0.06
Hazelnut Creme Latte, 1 sugar *	144	34	1	0.6	4.6	4.4	2	0.06
Hazelnut Creme Iced Latte, 2 sugars *	153	36	0.9	0.6	5.2	4.9	2	0.06
Hazelnut Creme Iced Latte, 3 sugars *	162	38	0.9	0.6	5.8	5.4	2	0.06

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
678	160	5	3.1	20	18.2	10.4	0.3
724	171	5	3.1	22.7	20.6	10.4	0.3
770	182	5	3.1	25.5	22.9	10.4	0.3
817	193	5	3.1	28.2	25.3	10.4	0.3
877	208	6.3	4	26.6	24.1	13.1	0.4
923	219	6.3	4	29.3	26.4	13.1	0.4
969	229	6.3	4	32.1	28.8	13.1	0.4
1015	240	6.3	4	34.8	31.1	13.1	0.4
645	152	4.3	2.7	20.9	18.4	8.9	0.3
691	163	4.3	2.7	23.7	20.8	8.9	0.3
737	174	4.3	2.7	26.4	23.1	8.9	0.3
783	185	4.3	2.7	29.2	25.5	8.9	0.3
848	200	3.9	2.5	33.2	29	8.3	0.3
894	211	3.9	2.5	35.9	31.3	8.3	0.3
940	222	3.9	2.5	38.7	33.7	8.3	0.3
987	233	3.9	2.5	41.4	36	8.3	0.3
1122	265	5	3.1	44.6	38.7	10.6	0.4
1168	276	5	3.1	47.3	41.1	10.6	0.4
1215	287	5	3.1	50.1	43.4	10.6	0.4
1261	297	5	3.1	52.8	45.8	10.6	0.4
664	158	5	3.1	19.1	18.8	10.3	0.32
710	169	5	3.1	21.9	21.2	10.3	0.32
757	180	5	3.1	24.6	23.5	10.3	0.32
803	191	5	3.1	27.4	25.9	10.3	0.32
837	198	6.2	3.9	24.2	23.9	12.8	0.4
883	209	6.2	3.9	27	26.3	12.8	0.4
930	220	6.2	3.9	29.7	28.6	12.8	0.4
976	231	6.2	3.9	32.5	31	12.8	0.4
557	132	4	2.5	16.5	16.2	8.4	0.26
603	143	4	2.5	19.3	18.6	8.4	0.26
650	154	4	2.5	22	20.9	8.4	0.26
696	165	4	2.5	24.8	23.3	8.4	0.26

*with added sweeteners

All Machines Nutrition Guide



Some of the ingredients used in our drinks may contain sugar and sweeteners. Please refer to the nutrition information for the individual drink.

We cannot guarantee that our drinks are suitable for those with food allergies or intolerances

Milk added to all milk based drinks is dairy semi skimmed milk

Adults need around 2000kcal per day		TYPICAL VALUES PER 100ml							
DRINK NAME	Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	
	Optional Extras								
	White sugar sachet	1700	400			100	100		0.01
	Brown sugar sachet	1700	400			100	100		0.01
	Sugar flavour shot*	927	218			55	47		
	Sweetener sachet	1530	360			90	90		
	Chocolate Flavoured Powder sachet	1637	387	5.8	4.8	75	67	7.2	1.6
	Syrup flavour shot 12oz (regular) drink*	927	218			55	47		
	Syrup flavour shot to 16oz (Large) drink*	927	218			55	47		

TYPICAL VALUES PER DRINK							
Energy (kJ)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
8			2	2			
8			2	2			
34	8			2	2		
34	8			2	2		
68	16			4	4		
46	11			2.8	2.4		
65	15			3.9	3.3		

*with added sweeteners